#### SUSANNE KAUFMANN™

SPA



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Susanne Kaufmann, founder of the cosmetics line and Susanne Kaufmann<sup>TM</sup> Spa at the Hotel Post in Bezau, Austria, is a pioneer in herbal active cosmetics and innovative treatment concepts. The origins of the internationally successful brand are deeply rooted in the spa itself. All products are developed and tested for use here. Susanne is committed to including only the finest active ingredients in her products, whilst using tailored, innovative treatments to significantly improve the skin.



## STEPHANIE RIST

Stephanie Rist, who was born in Vorarlberg, has been working with Susanne Kaufmann for over a decade now. Having started her training at the Susanne Kaufmann<sup>TM</sup> Spa in Bezau, she has been closely involved with the development of the Susanne Kaufmann<sup>TM</sup> cosmetics brand and international spa brand over the past decade. Her diverse training background, her extensive experience as a beauty specialist over the years, and her interest in new holistic lifestyle concepts have allowed her to play a major part in shaping the new Hotel Post Bezau by Susanne Kaufmann. The Hotel Director is looking forward to welcoming you to the Hotel.



### SPA BEZAU

The Susanne Kaufmann<sup>TM</sup> Spa at the Hotel Post Bezau by Susanne Kaufmann is a place of beauty, relaxation, and holistic well-being. We have a wide range of treatments, massages, and rituals to offer you, with a focus on TCM Detox and Natural Anti Aging concepts. Our team of doctors, highly qualified therapists, and beauticians are on hand to cater to your every need. The highly effective products in the Susanne Kaufmann<sup>TM</sup> cosmetics line are at the heart of our soothing pamper treatments. We will be very happy to offer you a one-to-one consultation before you pay us a visit. You can contact the Susanne Kaufmann<sup>TM</sup> Spa on the phone:

+43 (0)5514 2207-58 or by email: spa@susannekaufmann.com.



you and we can always put together a tailored program just for you.

Our packages include use of all of our wellness facilities for the whole day and you can also join in with our daily activity and wellness program.

**Holistic Beauty** €216

Personal Skin Case History and Consultation (15 min) Transformative Signature Treatment (80 min) Back Fascia Treatment (25 min) Final Consultation and Skincare Tips for at Home (15 min) Beauty Essence Aqua Rosa

**Beauty** €254

Transformative Signature Treatment (80 min) Medical Pedicure with Foot Massage (55 min) Manicure with Hand Massage (40 min)

Anti Aging €303

Anti Aging Signature Treatment Preventive (80 min) Express Anti Aging Signature Treatment Preventive (40 min) Back Fascia Treatment (25 min)

Discovery €149

Back Massage (25 min) Alkaline Detox Signature Treatment (50 min)

Destress €254

Relax Treatment Face (50 min) Reflexology with Foot Bath (50 min) Full-Body Massage (50 min)

There is a €30 reduction on package prices for guests staying at the hotel overnight

Detox €240

Signature Treatment Detox (90 min) Detox Essence Facial Treatment Detox (40 min)

Regeneration €189

Relax Treatment Head (50 min) Preliminary Body Scrub (20 min) Choice of Body Wrap (25 min)

Body Shape €305

Body Shape Wrap (45 min) Lymph Drainage Full-Body Treatment (80 min) Anti Aging Serum 100 ml

Body Fit €312

Bodycheck (55 min) Lymph Drainage Full-Body Treatment (80 min) Fascia Treatment Back (25 min)

#### Extras

Breakfast	€23
Detox Lunch (2 Courses) with Juice	€38
Dinner (3 Courses)	€39

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