

SPA 

**Welcome to Ultima Spa & Clinic, the place where your journey to optimal health and well-being begins.**

Covering an area over 800m<sup>2</sup>, our spa and clinic offer a unique atmosphere dedicated to wellness and medical treatments. Ultima Spa offers a combination of luxurious treatments, state-of-art equipment and world-class experts at hand. With signature therapies and bespoke products, our therapists create moments of pure relaxation and pampering.

Providing a unique, high-touch relaxing atmosphere dedicated to wellness, beauty and medical treatments, our wellness sanctuary comprises a hammam, sauna, swimming pool, massage suites and two jacuzzis.

With more than 10 years of experience as Swiss FMH Specialists, the doctors operating at Ultima Clinic offer high-level medical expertise with personalised solutions to meet all medical and aesthetics needs. Our collaboration with the world-class Aesthetics Clinic offers a wealth of lifestyle medicine treatments focusing on optimising the health and wellbeing of our guests in the natural beauty of the Swiss Alps.

Ultima Collection and Swiss Perfection combine prestige and leading treatments to enable a holistic escape in the Swiss Alps and moments of pure bliss.

## ULTIMA SPA & CLINIC FACILITIES

Steam room	3 Clinic treatment rooms
Finnish sauna	1 Fitness gym
Indoor and outdoor jacuzzi	Beauty & Hair salon
15-meter long swimming pool	Nail bar
4 Spa treatment rooms	Juice bar
1 Double spa treatment room	

## OPENING HOURS AND CONTACT

Open daily from 9.00 AM to 9.00 PM

For appointments or information please contact:  
spa@ultimagstaad.com or +41 33 748 05 59





SWISS  
PERFECTION  
MONTREUX

## LUXURY TREATMENTS BY SWISS PERFECTION

Recognised as the first brand to apply vegetal cellular extraction technology to cosmetics using the signature complex Cellular Active IRISA®, Swiss Perfection is at the forefront of cutting-edge skincare, producing high-end formulas for youthful skin and personalised treatments.

The savoir-faire “Made in Switzerland” commitment to excellence, precision and technological innovation attains the ultimate results in aesthetics and regeneration. Swiss Perfection’s skincare ranges protect from premature ageing while intensifying the production of collagen.

## SWISS PERFECTION HIGH TECH FACIAL TREATMENTS

The Swiss Perfection high tech exclusive anti-ageing facials are focused on providing immediate and lasting visible results. They include the unrivalled Cellular Active IRISA® technology combined with highly efficient active ingredients to effectively regenerate the skin and prevent it from premature ageing.

The perfect synergy between high-quality formulas and the high-technology device AST-1, anti-ageing-trans-dermal system, created by Dr. Philippe Simonin, offer youthful and naturally radiant skin.

### CELLULAR HIGH-TECH EXCLUSIVE LIFTING

Inspired by anti-ageing medical techniques, this five-step lifting treatment offers spectacular and immediate effects. Specific and highly concentrated formulas working in symbiosis target loss of firmness, sagging and wrinkles. It acts as a natural lifting with long-term benefits.

### CELLULAR HIGH-TECH INTENSE HYDRATION

This unique rejuvenating treatment targets dehydration and irregular skin texture. It leaves the skin smooth and rejuvenated. The wrinkles are visibly diminished and the optimal skin hydration level is preserved.

### CELLULAR HIGH-TECH PIGMENT LIGHTENING

This specific treatment works deeply into the skin directly on the cells responsible for hyperpigmentation. This revolutionary facial is specifically designed to rapidly lighten dark spots, leaving you with an even and bright complexion.

### CELLULAR HIGH-TECH PURIFYING ANTI-POLLUTION

Through the power of pure vitamin C, this highly active anti-oxidant facial purifies, removes toxins and restores the luminosity. The skin is energised and renewed. This treatment is the perfect cure to fight premature signs of ageing and environmental damages due to free radicals.

SWISS  
PERFECTION  
MONTREUX

## The New Skin Perfectors



[www.swissperfection.com](http://www.swissperfection.com)

## Elevate Your Expectations



## SWISS PERFECTION HIGH TOUCH FACIAL TREATMENTS

The Swiss Perfection high touch exclusive anti-ageing facials are focused on providing immediate visible results. They include the unrivalled Cellular Active IRISA® technology combined with highly efficient active ingredients to regenerate the skin and prevent it from premature ageing. The production of new and healthy cells is stimulated and the specific skin concerns are corrected. The perfect synergy between high-quality formulas and specific manual techniques, included in this signature treatment, promotes youthful looking and naturally radiant skin.

### CELLULAR PERFECT LIFTING

This exclusive facial treatment acts as a natural lifting agent. It visibly lifts and improves skin firmness while promoting cellular renewal. It combines the most innovative rejuvenating solutions and specific manual techniques to remodel the face contour while smoothing away wrinkles.

### CELLULAR PERFECT HYDRATION

This innovating treatment protects the skin's cells in the deepest layers from premature ageing, dehydration and irregular skin texture. The skin is plumped, smoothed and perfectly moisturised.

### CELLULAR PERFECT PURIFYING PROTECTION

This essential highly active anti-oxidant facial deeply purifies the pores while accelerating the tissue oxygenation. This treatment is the perfect cure for free-radical exposed skin and is the best ally for skin ageing prevention.

### CELLULAR MEN PERFECT REPAIR

A perfect cleansing treatment designed for specific men's skin. It erases all signs of fatigue for a fresh and healthy appearance. This treatment is tailored to ensure optimum skin rejuvenation for men of any age.

SWISS  
PERFECTION  
MONTREUX

## SWISS PERFECTION HIGH TOUCH CELLULAR BODY TREATMENTS

Swiss Perfection body treatments are proven to combat specific areas of concern. The best traditional methods were combined with the state of the art Cellular Active IRISA® technology to come up with the most effective solutions. After our Cellular Body experiences, you will feel deeply revitalized, your body will be rejuvenated and toned.

### CELLULAR ANTI-CELLULITE BODY TREATMENT

Designed to reshape the body contours, this intensive Cellular Anti-Cellulite treatment targets cellulite, orange peel and loss of tone, leaving a profound sensation of lightness and well-being. The body is perfectly defined, firmed and toned.

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### CELLULAR DETOXIFYING BODY TREATMENT

This metabolism stimulating and draining treatment increases vitality. The unique blend of active ingredients removes impurities, encouraging circulation and boosting the elimination of toxins as well as gently exfoliates the skin leaving it smooth and healthy. Ideal choice to complement a weight loss or anti-cellulite program.

## Enhanced Rejuvenation



[www.swissperfection.com](http://www.swissperfection.com)





## ULTIMA SIGNATURE MESSAGE

### REVEL IN A FULL SENSORY EXPERIENCE

Our Ultima Signature massage provides a unique sensory experience with a bespoke candle wax treatment, deeply nourishing your skin. Combined with a bespoke Swiss Perfection facial treatment, the expertise of our spa therapists will make you feel rejuvenated from head to toe.

## M A S S A G E S

### AROMATHERAPY

This relaxing aromatherapy massage takes you on a holistic journey of absolute harmony with the body and soul.

### DEEP TISSUE

The deep tissue massage relieves muscle pains, increasing blood circulation, and oxygenating the body, will guaranteeing the feeling of absolute relaxation.

### APRÈS - SKI

After a day of skiing, this specific massage promotes muscle recovery and flexibility through stretching and intense stimulant movements.

### HOT STONES

The pampering massage combining the use of hot stones and specific relaxing techniques, will relieve muscle stiffness through heat and energy, for the utmost tranquillity.

### MUM TO BE

Starting from your third month of pregnancy, you can take full advantage of a prenatal massage to bring you comfort. It will help you relax and become aware of this moment of sweetness with your baby. The massage will be practised with neutral organic oils.

\*All massages can be enjoyed in the double cabin.

## A D D I T I O N A L T R E A T M E N T S

### HEAD MASSAGE

The head massage acts as the total relaxation of the body. It combines Shiatsu gestures with a scalp and neck massage for optimal serenity.

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### FOOT REFLEXOLOGY

Inspired by traditional Chinese medicine, foot reflexology acts on blood, the lymphatic system and energy circulation by stimulating different parts of the body and offering a complete relaxation detox.

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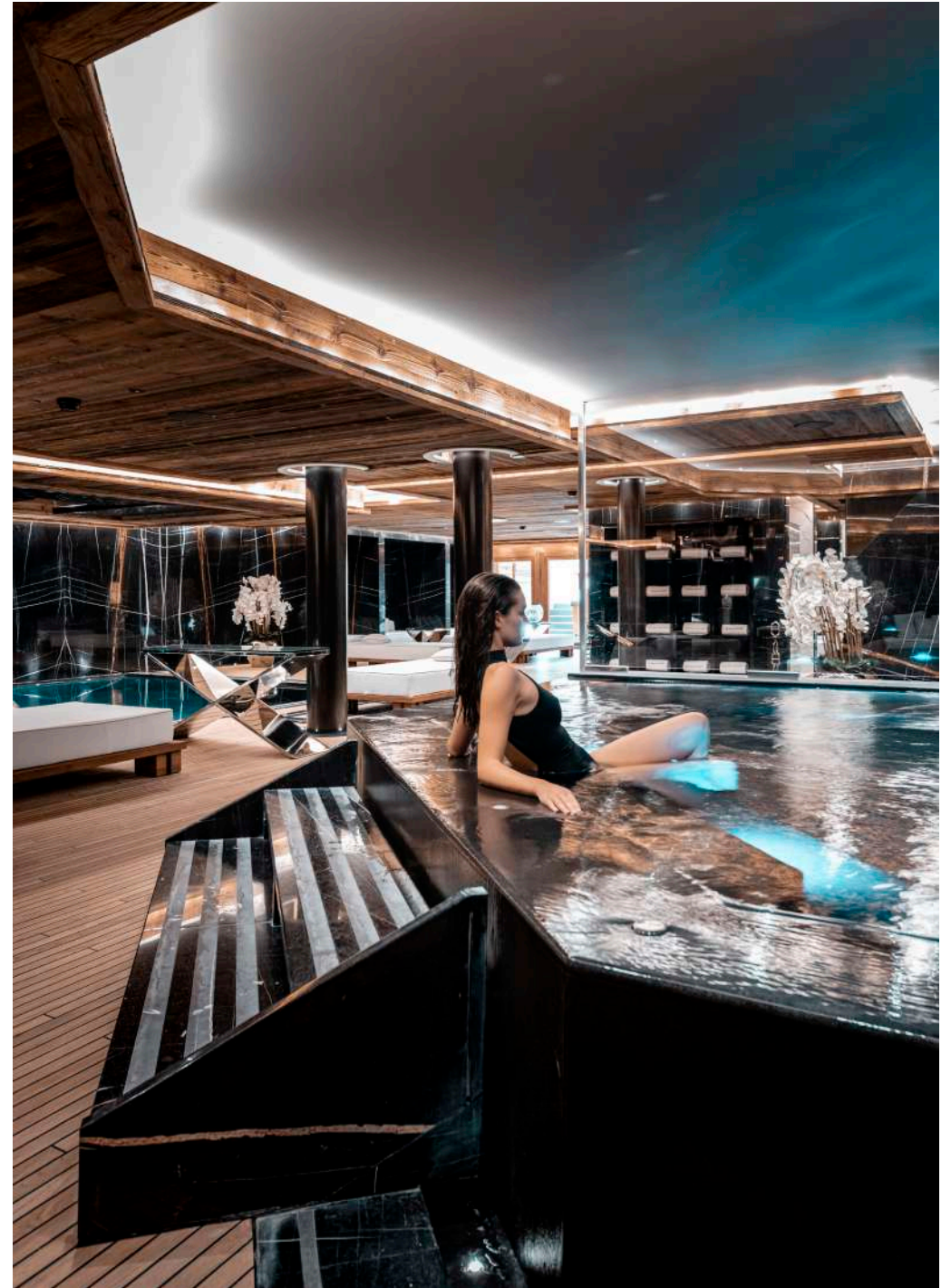
### FACE MASKS

To emphasise the moment of relaxation, combine each of our treatments with a signature face mask:

Collagen Eye Mask by Swiss Perfection

Perfection Collagen Face Mask by Swiss Perfection

Cream Mask by Swiss Perfection





## B O D Y T R E A T M E N T S

### GENTLE BODY SCRUB

A gentle and renewing skin cells exfoliator, for ultimate softness, perfect before any massage to purify your body.

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### SOOTHING BODY WRAP

Indulge in pampering moments with a soothing and nourishing treatment for your skin, the perfect après-ski remedy.

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### MOUNTAIN RITUAL

Let yourself be carried away by moments of pure rejuvenation, inviting you to a complete disconnection. A gentle scrub followed by a bespoke massage are complemented with a nourishing wrap, leaving your skin feeling silky smooth.

## MY FIRST SPA EXPERIENCE

Children are welcome to enjoy a delightful moment of relaxation and gentle care alongside their parents. Parental authorisation is requested before undergoing such treatments, and we recommend the presence of an adult during the treatment.

### MY FIRST MASSAGE

A gentle bespoke relaxing massage designed to awaken the youngest senses.

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### MY FIRST FACIAL

A facial for hydrating the delicate skin of your child with delicious scents.

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### MY FIRST MANI OR PEDI

Fairy hand or funny toes, accompanied by colourful nail polish especially designed for children.





## BEAUTY

EXPRESS MANICURE OR PEDICURE  
COMPLETE MANICURE OR PEDICURE  
NAIL POLISH  
SEMI PERMANENT NAIL POLISH  
SEMI PERMANENT REMOVAL  
HAND OR FOOT MASK  
WAXING

## HAIR & MAKE UP

Our beauty salon is located in the wellness area of the hotel and welcomes you every day for a combination of hair and beauty treatments.

For a natural look or a special event, our team of experts is at your disposal to make you feel truly unique and pampered.

## S P A & C L I N I C I N F O R M A T I O N

### SPA OPENING HOURS

Daily from 9.00 am to 9.00 pm for the facilities

### SPA ACCESS

Access to the spa is complimentary for all guests staying at Ultima Gstaad Hotel, Residences, Spa & Clinic.

The required minimum age for spa access is 16 years old. However, children may use the indoor swimming pool under the supervision of an adult. «First experience» treatments are available for children up to 11 years old.

### LIABILITY

The management of Ultima Gstaad waives all liability in the event of an accident, damage or theft that may occur in our spa area.

### PRIOR TO ARRIVAL

We recommend leaving all jewellery and valuables in your room before coming to the spa. Male guests are advised to shave before a facial treatment to ensure that maximum results are achieved.

### ARRIVAL

Please arrive 15 minutes before the treatment to complete your health questionnaire and take the time to enjoy the spa area or the Juice Bar.

### LATE ARRIVAL

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatments in case of late arrivals.

### CANCELLATION

To change or cancel a reservation, please allow a five-hour notice. Last-minute cancellations are charged at 100% of the price.

### DURING YOUR STAY

For the serenity of the spa area, noise, smoking and active mobile phones are not permitted.

### IN-ROOM SERVICE

For in-room service requests, an extra charge of 50% is applied.

### HEALTH CONDITIONS

Please let us know if you suffer from a health condition or if you are pregnant, before making a reservation.

## C O N T A C T

spa@ultimagstaad.com  
or +41 33 748 05 59

We look forward to welcoming you to the Ultima Spa & Clinic.

WWW.ULTIMACOLLECTION.COM

Gsteigstrasse 70 - 3780 GSTAAD, Switzerland  
spa@ultimagstaad.com - Tel: +41 33 748 05 59

# ULTIMA SPA PRICE LIST

PRICE CHF

## SWISS PERFECTION HIGH TECH FACIAL TREATMENTS

CELLULAR HIGH-TECH EXCLUSIVE LIFTING [60 minutes]	755.-
CELLULAR HIGH-TECH INTENSE HYDRATION [60 minutes]	695.-
CELLULAR HIGH-TECH PIGMENT LIGHTENING [60 minutes]	695.-
CELLULAR HIGH-TECH PURIFYING ANTI-POLLUTION [60 minutes]	595.-

## SWISS PERFECTION HIGH TOUCH FACIAL TREATMENTS

CELLULAR PERFECT LIFTING [90 minutes]	595.-
CELLULAR PERFECT HYDRATION [60 minutes]	275.-
CELLULAR PERFECT PURIFYING PROTECTION [60 minutes]	275.-
CELLULAR MEN PERFECT REPAIR [60 minutes]	275.-

## SWISS PERFECTION HIGH TOUCH CELLULAR BODY TREATMENTS

CELLULAR ANTI-CELLULITE BODY TREATMENT [50 minutes]	255.-
CELLULAR DETOXIFYING BODY TREATMENT [50 minutes]	255.-

## MASSAGES

ULTIMA SIGNATURE [50 minutes] [80 minutes]	205.- / 295.-
AROMATHERAPY [50 minutes] [80 minutes]	195.- / 275.-
DEEP TISSUE [50 minutes] [80 minutes]	195.- / 275.-
APRÈS-SKI [50 minutes]	195.-
HOT STONES [50 minutes] [80 minutes]	205.- / 295.-
MUM TO BE [50 minutes]	195.-
HEAD MASSAGE [25 minutes]	105.-
FOOT REFLEXOLOGY [25 minutes]	105.-

## ADDITIONAL TREATMENTS

GENTLE BODY SCRUB [40 minutes]	155.-
SOOTHING BODY WRAP [40 minutes]	155.-
MOUNTAIN RITUAL - SCRUB, MASSAGE, WRAP [105 minutes]	395.-
FACE MASK	80.-

## MY FIRST SPA EXPERIENCE

MY FIRST MASSAGE [25 minutes]	95.-
MY FIRST FACIAL [25 minutes]	95.-
MY FIRST MANI OR PEDI [25 minutes]	65.-

## BEAUTY

EXPRESS MANICURE OR PEDICURE [30 minutes]	105.-
COMPLETE MANICURE OR PEDICURE [50 minutes]	195.-
NAIL POLISH	45.-
SEMI PERMANENT	65.-
SEMI PERMANENT REMOVAL	35.-
HAND OR FOOT MASK	55.-

## WAXING

EYEBROWS OR LIPS	45.-
FACE	75.-
UNDERARMS	55.-
ARMS	75.-
BIKINI	75.-
FULL BIKINI	95.-
HALF LEGS	75.-
FULL LEGS	95.-
BACK OR CHEST	95.-

## HAIRDRESSER

HAIRCUT TODDLERS (0-4Y) - Adult -30% off	
HAIRCUT KIDS (4-7Y) - Adult -20% off	
MEN'S CUT	from 95.-
BEARD TRIMMING OR SHAVING	from 95.-
LADIES CUT	from 95.-
BLOW-DRY SHORT HAIR	from 125.-
BLOW-DRY LONG HAIR	from 195.-
FORMAL UPDO MEDIUM HAIR	from 125.-
FORMAL UPDO LONG HAIR	from 195.-
SPECIAL TREATMENT	from 95.-
HAIR COLOUR	from 250.-
HIGHLIGHTS	from 250.-
GLOSS SHINE SHORT HAIR	from 95.-
GLOSS SHINE LONG HAIR	from 125.-

## MAKE UP

NATURAL MAKE-UP	from 125.-
EVENING MAKE-UP	from 195.-

CHARGES FOR IN-ROOM SERVICES	+ 50%
CHARGES FOR OUT-OF-HOUSE SERVICES	+ 100%