



S P A M O N T A G E  
L O S C A B O S





# SPA MONTAGE LOS CABOS

**Welcome to Spa Montage Los Cabos, where majestic desert landscapes meet the turquoise blue Sea of Cortez.**

Inspired by the traditional Mexican folklore surrounding the Tree of Life as well as the historic Torote tree that graces the entrance to the resort, this nurturing refuge offers a unique experience steeped in the beauty and healing powers of its incredible surroundings. It is here that a wonderful array of sensuous spa treatments, many inspired by the rhythms of the ocean, desert and local traditions, will soothe and renew.

In this unparalleled environment, you can also partake in proven wellness and beauty treatments from around the globe. To deepen your sense of rejuvenation and bliss, splendidly appointed private changing rooms and sophisticated garden lounges complete with steam rooms and jetted hot and cold plunge pools, allow for pleasurable pre and post treatment relaxation experiences.

Enjoy repose in the very private, serene, adult-only outdoor Serenity Pool and jetted pool. Bathe, swim, rest, meditate, read, dine or dose as you take in the fragrant sea air. Choose to enjoy the warm sun or to spend the day in a beautifully shaded poolside cabana. For your wellness and beauty needs, workout in our state-of-the-art fitness center and movement studio or enjoy a service in our luxurious hair salon and nail studio. Take a moment to browse the beautiful array of spa merchandise in our sophisticated spa lifestyle boutique.

At Spa Montage Los Cabos, the power of the customs and traditions of Baja are seamlessly and elegantly intertwined into every experience. We anticipate your arrival with a commitment to your renewal and well-being.



# ELEMENTS OF WELLNESS

**Our experienced Montage Therapists undergo hundreds of hours of specialized education and training in order to create truly customized therapies that best address your needs. Through careful consideration and well-crafted global experiences, we have designed our Elements of Wellness rituals to inspire rejuvenation, transformation and stillness of mind specifically for you.**

## FUSION

*60 min \$280 USD | 90 min \$420 USD | 120 min \$560 USD*

Elevate your wellness to a new level by experiencing the best that spa science and ancient healing wisdom can offer. In this customized body balancing experience, a Montage Therapist selects from a global spectrum of spa therapies and practices to create a unique and comprehensive wellness journey for you. Working together with your therapist, we will develop a treatment ritual to address your specific concerns and wellness goals, using the expert touch and training of our therapists to set you on a path of ultimate well-being and renewed vitality.

## YING & YANG THE ELIXIR OF LIFE

*60 minutes \$280 USD*

Good health is believed to come from a balance of Yin (negative) and Yang (positive). Awaken the senses with the selection of your dosha oil for this deeply relaxing yet uplifting experience. The treatment begins with energy balancing muscles stretching on the floor mat to bring all the body back into balance, followed by a calming bath of Tibetan single-bowl to connect with the elixir of life, your inner energy secrets of vibrant living.



## PURE BLISS

90 min \$420 USD | 120 min \$560 USD

We are delighted to warmly welcome you into a world of couture, beauty and wellness wonders, where we are dedicated to using powerful yet gentle natural ingredients that usher you into a state of bespoke luxury and deep relaxation. Designed specifically for Spa Montage, this total body ritual uses Lola's Apothecary's products which are lovingly handmade on a Devonshire estate in the heart of the English countryside. Beginning with a full-bodied exfoliation of aromatic sugar that reveal soft and supple skin, the treatment is completed with the pouring of a hydrating body milk and a deeply nurturing massage, tailored by your therapist to meet your needs.

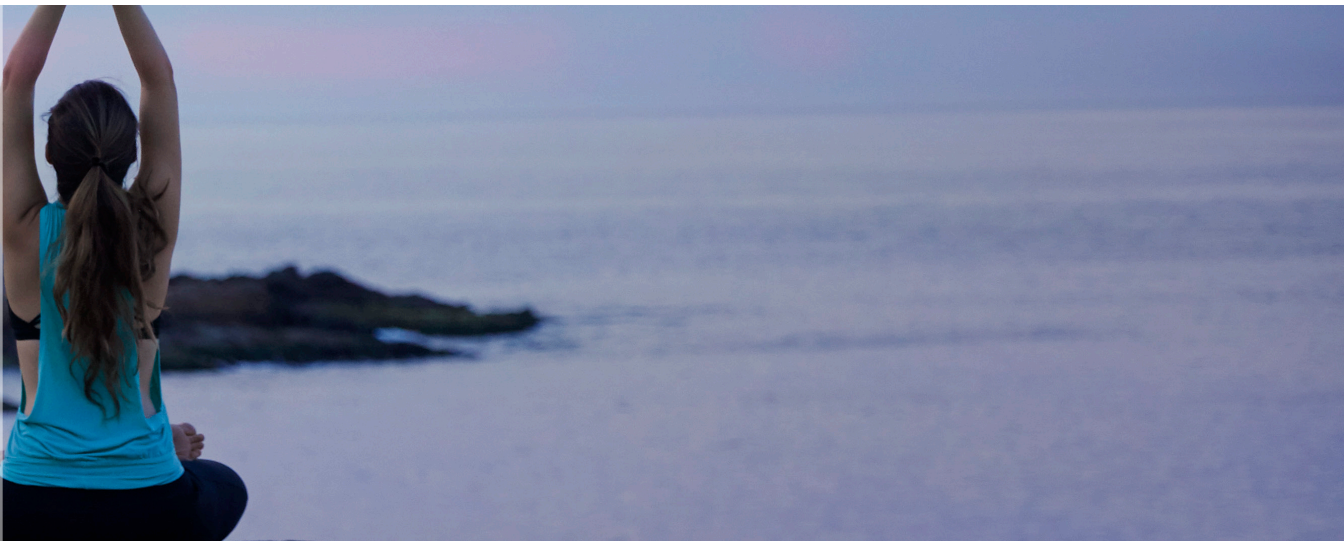
*Choose from the following scent stories to make your time with us even more special:*

*Monsoon Paradise* – An exotic brightening feast of citrus, amyris & lilyheart in our sophisticated jasmine escape containing real 24ct gold.

*Sweet Lullaby* – Our unique comforting blend of euphoric vanilla & sweet orange, grounded by patchouli & spicy ylang ylang fragrantly cocooned around an exotic lavender comfort blanket to soothe busy minds.

*Delicate Romance* – A sumptuous blend of sweet orange & lemon notes balance the opulence & indulgence of heady rose & geranium. An enchanting indulgence of romantic blooms & spices fleetingly passing notes of vanilla, patchouli & sandalwood serenity.

*Prices inclusive of 16% tax. 15% service charge not included.*



## PEACE WITHIN

90 min \$420 USD | 120 min \$560 USD

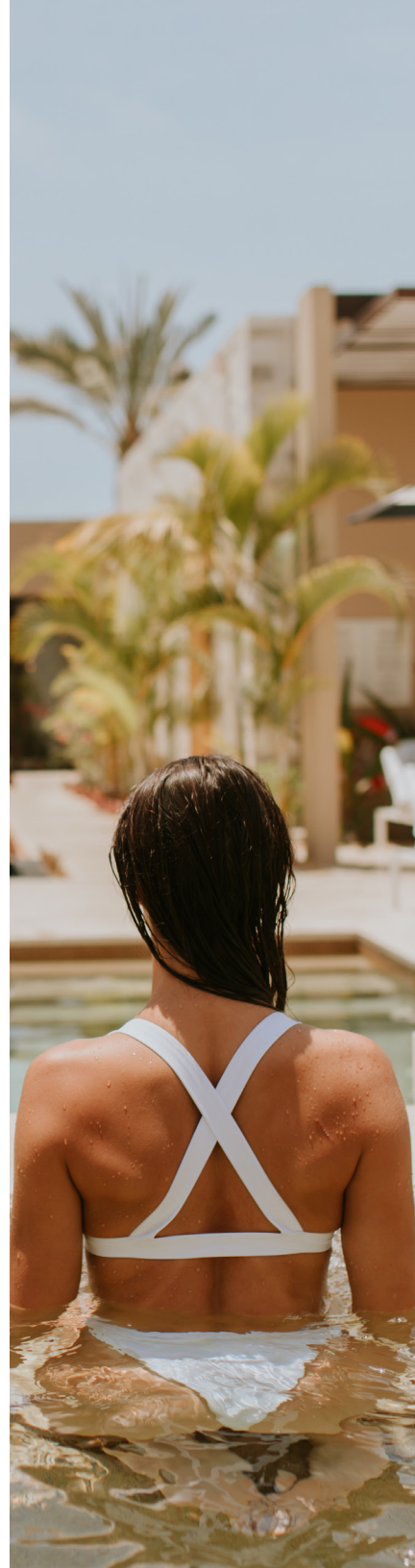
Designed with care for Spa Montage, this transcendent journey brings forth essential Ayurvedic wisdom in one powerful and transformative treatment that provides balance, soothes and rejuvenates your body and mind, and brings you to a profound, deep relaxation – peace. This evocative ritual opens with a balancing aromatherapy essence and chime ritual. Your therapist further customizes your journey with a dosha-specific massage oil applied to your body's energy centers along the spine to create openness and flow. Your therapist then uses an Ayurvedic Kansa wand to massage along the spine to awaken the Chakras and this will be followed by a customizable full body massage that incorporates flowing Abhyanga moves. The therapist then focuses on your face and neck, using an Ayurvedic Kansa wand to soothe, tone and release stress from facial muscles, neck and shoulders. This ritual culminates with a traditional Shirodhara to bring deep rest to your nervous system. Finally, we gently awaken you from a deeply restful state with a gentle scalp massage and gentle chimes to bring you back to a state of restful consciousness.

## CALIFORNIAN WILDFLOWER MESSAGE

90 min \$420 USD | 120 min \$560 USD

Created exclusively for Spa Montage and celebrating our Southern California roots this head-to-toe experience is a bouquet of vibrational technology, heated healing flower poultices and aromatic essences that are the inspiration for this restorative ritual. Beginning with an inhalation of our signature Orange Blossom Oil (made of red mandarin, lemon, sweet orange with a hint of vanilla) and followed by full-body vibrational work, your therapist takes you on a journey that encourages your muscles to release and deep, profound relaxation to begin. After the soothing vibrational work, we then employ a customized massage highlighted with heated herbal poultices comprised of rice, calendula flower, lavender and chamomille. To further enhance your deep state of relaxation, we then wrap you in an Orange Blossom Soufflé and perform a relaxing foot scrub and massage, as you receive a hydrating facial mask. Your journey ends with gentle vibrations on your feet to reawaken you, refreshed and renewed.

*Prices inclusive of 16% tax. 15% service charge not included.*



# SIGNATURE AND BAJA WELLNESS JOURNEY

## MANGO IN THE HEART

90 minutes \$420 USD

In the heart of Baja California Sur, Santiago town is recognized for the traditional “Feria del Mango”, which reminds us of the sweetness of life. This signature pampering experience begins with a gentle salty fresh pulp of mango scrub following a natural and organic mango body wrap. A relaxing hair treatment is performed with Guatamote extract, endemic plant of the peninsula, and a cold mango mask complement that head-to-toe experience. Mango is removed with a Marine Sponge and an infusion of mango leaves, followed by a tropical coconut mango cream application to finalize your experience.

## BATHING WITH THE WHALES

60 minutes \$280 USD

The whale’s song is the most evocative and beautiful sound of the world. You will find yourself immersed in an authentic rebirth experience that invites you to flow seamlessly into your inner child. In Harmony with the whales’ song, your therapist will use gentle movements designed to release blocked energy and promote a state of total relaxation. A unique signature experience.

## MEXICAN ROOTS RITUAL

120 minutes \$560 USD

This ritual is an ancient tradition that symbolizes the Mexican culture’s legacy. In Mexico, we believe that’s bathing in herb-infused remedy helps reduce stress. Prepare to feel cleansed and renewed spiritually, mentally, and physically. A healing immersion in an herbal wrap followed by an overhead bath of warm infusion is the beginning of this journey. The combination of heat and herbs helps draw out unwanted toxins. Chiqueadores and cold jade stone facial massage are used to potentiate the detoxifying effects and balance the body temperature. You’ll then profoundly relax with tailored warm Jade stone massage and herbals oil. The treatment ends with the intent in life throughout an affirmation for the day.

## MEZCAL RENEWAL MASSAGE

90 min \$420 USD

In all of Oaxaca, locals believe the Mezcal drink possesses curative powers and have devised a delightful proverb for it: “For everything bad, Mezcal renewal massage; and for everything good, too”. Completely stress relieve, indulge yourself with this classical Mexican friega massage combined with locally made heated herbal poultices followed with full-body massage including Mezcal essential oils. For good measure, we will end your authentic experience with a taste of Mexico’s nectar.

## THE JEWEL OF BAJA

120 min \$560 USD

Natives from Baja believe in the seductive and healing power of the Damiana endemic plant, known as the Jewel of Baja. Your experience begins with a footbath ritual followed by a full-bodied cleansing with a natural sea sponge. This cleansing prepares your body and mind to receive the power of local herbs combined with natural Damiana and agave honey in a nurturing wrap. While you are cocooned to allow the herbs to penetrate into your skin, a cold floral facial mask will be used to balance your body temperature. Now you are ready to receive a relaxing four hand massage to feel the inner energy of La Baja. Your journey will end with our signature Damiana elixir.

# FACIAL THERAPIES

## CELLULAR REJUVENATION

### VALMONT FACIALS – SCIENCE. ART. SPA.

A true anti-aging expert for more than 30 years, Valmont has been perpetuating the unique expertise of Swiss cellular cosmetics and the legacy of the famous Valmont Clinic with treatments that offer instant and lasting results of unparalleled quality. True to the concept of cellulotherapy, Valmont delves into the very nucleus of the skin's cells with peerless anti-aging properties: Triple DNA and RNA. Each 90 minute and 120 minute Valmont beauty treatment features a signature collagen infused mask composed of pure medical grade collagen. Designed to strengthen and stimulate cells suffering from the effects of time or outside aggressions, the collagen infusion reveals sublime and youthfully radiant skin post treatment. If you require extractions, please consult with your esthetician.

### THE MASTERPIECE

*120 min \$700 USD*

#### ULTIMATE ANTI-AGING & CELLULAR REJUVENATION

Experience the ultimate in anti-aging perfection and cellular renewal. This exclusive treatment, designed specifically for Spa Montage, combines the power of a dual cleansing process with six masks including a complete collagen treatment for face, neck, décolleté and eyes. Furthermore, this elevated ritual provides brightening elements for it as well as re-sculpting and lifting the silhouette of the face. To enhance your experience, you will enjoy a hand and foot treatment during your treatment. You will have glowing, clarified and lifted skin.

### SUMMIT OF CERVIN

*90 min \$420 USD*

#### ANTI-WRINKLE & FIRMNESS

This intensive chrono-cellular lifting treatment addresses the loss of firmness and the appearance of wrinkles on the skin, and helps delay these visible signs of aging. The pure medical grade collagen mask that plumps the facial tissue and redefines the contours of the face further amplifies the results of the lifting and sculpting facial massages.

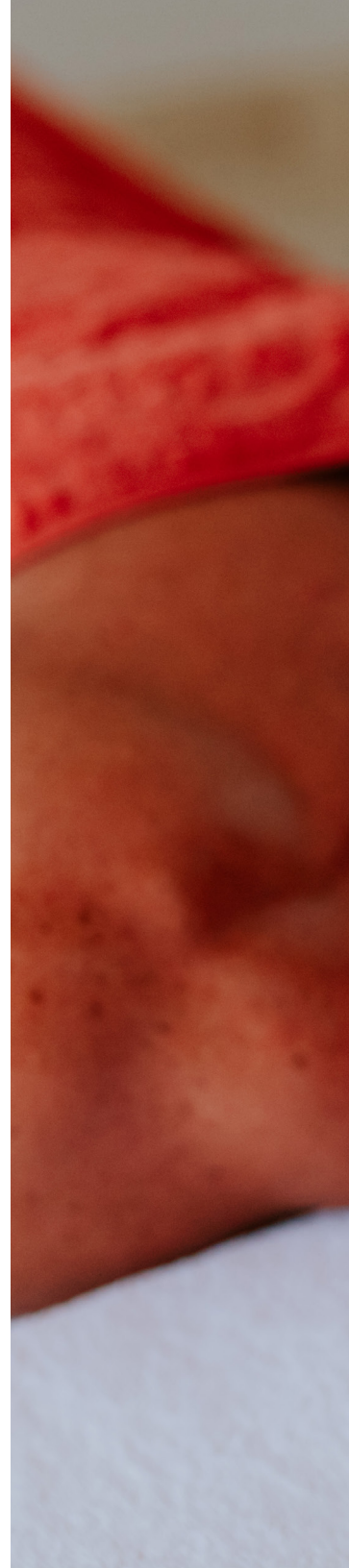
### DELICATE SWISS MOMENT

*60 min \$280 USD*

#### ANTI-AGE UV REPAIR

This sun repair treatment soothes the fragile skin of the face and décolleté, repairs sun and wind damage, and deeply regenerates the skin. Whether you are sunbathing on the beach or skiing down the slopes, this treatment will erase the undesirable effects of UV rays on your skin. To enhance the healing process, this treatment includes a collagen mask for the face and neck.

*Prices inclusive of 16% tax. 15% service charge not included.*







## NATURAL LUXURY

### TATA HARPER FACIALS – DEFINING THE NEXT GENERATION OF BEAUTY.

Made for the uncompromising person who wants the best skincare in the world, Tata Harper blends the natural with high performance. Tata Harper's Complex Formulas are engineered with the highest possible number of innovative and precious ingredients, meticulously captured at their peak for maximum potency. The sublime result: unparalleled benefits for your skin.

### BEYOND BEAUTY FACIAL

*120 min \$530 USD*

This hydrating treatment fights the visible signs of aging and is the pinnacle of luxury. Inhale transformative aromas as you begin your journey with a purifying back treatment. You will then be treated to a targeted triple cleanse and exfoliation that leaves your skin with a radiant glow and a silky-smooth texture. Three luxurious masks are weaved throughout your facial to purify your skin, while you experience a beautifying hand and arm ritual, and soothing tea eye treatments. You will enjoy unique relaxing and remodelage face massage and concludes this treatment with a luminescent Diamond Dust moisturizer that will leave you with soft, supple skin.

### ULTIMATE ORGANIC FACIAL

*90 min \$400 USD*

This complete treatment firms and lifts the skin using natural muscle-relaxing neuropeptides to instantly reduce wrinkles reinforce collagen and restore the skin's youthful cushion. Through remodelage face massage and high performing active ingredients, wrinkles are smoothed and reduced. The relaxing experience includes a luxurious Ageless Hand Treatment and smooth feet exfoliation.

### ORGANIC FACIAL

*60 min \$265 USD*

Intensify your results with a customized treatment mask to focus on hydration, firming or purifying concerns. Completely treat the skin with concentrated formulas of high performing natural ingredients paired with specific techniques tailored to your skin's needs. Enjoy a nourishing and therapeutic face massage, leaving your skin with a healthy inner and outer radiance.

## FACIAL FOR HIM

### GENTLEMEN BARBER FACIAL

*60 min \$265 USD*

It's about gathering men who pay attention to their look, who believe that skincare is an integral part of a man's journey to defining his own style. This Fashionable Facial incorporates black pearl collagen masks especially targeted to keep male skin healthy and youthful. Customized to remedy problems related to daily shaving and environmental exposure, this comprehensive and relaxing treatment incorporates dynamic pore cleansing, specialty facial massage techniques, vibrational technology work, a scalp, neck and shoulder deep muscular massage.



TATA HARPER  
Professional & Non-toxic  
Vitalize Vitae  
Ultimate  
Hydrate Solution  
Nourish, relax & fill

TATA HARPER  
PROFESSIONAL  
Purifying Mask  
Soothing Detox Treatment

# BODY THERAPIES

**With a focus on your specific needs to achieve total body wellness, our luxurious body therapies combine ancient wisdom arts with modern day experiences, and are designed to provide transformation, rejuvenation and stillness of mind.**

## CRYSTAL FLOWERS OF THE SEA

*90 min \$385 USD*

An agave fiber body brushing is followed by an exfoliation with the purest crystal sea salts, infused in fresh organic seaweed, acai and passionfruit. Dead skin is sloughed away and new cells are nourished and hydrated. Pomegranate mist boosts antioxidants and a soothing application of re-mineralizing balm replenishes moisture. A neck and shoulder massage leaves you feeling refreshed and renewed.

## BAJA DESERT COCCON

*90 min \$385 USD | 120 min \$510 USD*

Desert sage, both purifying and euphoric, sets the tone for this detoxifying botanical wrap. An agave fiber body brushing stimulates the system while boosting collagen and elastin before a refreshingly uplifting polish with notes of lavender, basil and eucalyptus. An ultra-nourishing warm application of fresh muddled sage oil purifies and softens the skin in a healing cocoon. Neroli Scalp and neck massage kneads tension away as your skin absorbs the nutrients. After a luxurious hydration, you will leave feeling cleansed, hydrated, toned and soft.



*Prices inclusive of 16% tax. 15% service charge not included.*



### SUN WORSHIPPER RECOVERY

90 min \$385 USD

This full body refreshment is designed for those who have over indulged in Los Cabos desert sun or who would simply like to prolong their Baja California tan. A hydrating body mask of lavender and aloe reduce redness and irritation. The face is treated with a refreshing Gigartina algae gel and cool massage globes to rejuvenate and rehydrate the skin and maintain your healthy glow. Enjoy a foot massage as you quench your body with essential nutrients and moisture.

### ORANGE BLOSSOM EXFOLIATION

60 min \$255 USD

Beginning with an inhalation of our signature Orange Blossom Oil (made with red mandarin, lemon, sweet orange with a hint of vanilla) This nourishing and refreshing body scrub uses mineral row sugar crystals to reveal your skin radiance, leaving it vibrant and incredibly soft.

Prices inclusive of 16% tax. 15% service charge not included.

# MASSAGE THERAPIES

Whether suffering from travel fatigue, work-induced stress, specific aches and pains or seeking new ways to unwind, our massage therapists will draw upon their extensive bodywork repertoire to provide relaxation and relief with their artful work in massage therapy.

## TROPICAL RAIN

90 min \$350 USD / 120 min \$465 USD

Our unique massage to rejuvenate your mind and balance your body. This breath-taking technique has been used for centuries and combines 10 essential oils to create the most powerful effect. Delight your senses and bring serenity into your life.

## THERAPEUTIC CBD FOUR HANDS MASSAGE

60 min \$445 USD

At first you might find yourself trying to keep track of the therapists, where each one is and what each one is doing, struggling to keep it all in a very logical order in your head. However, very quickly your brain realizes it's not sure who is doing what, and gives up control. Combined with the benefits of CBD products, this is a powerful treatment for anyone who has a hard time letting go during treatments.

## FREEDOM-THAI MASSAGE

90 min \$350 USD

This treatment incorporates ancient wisdom and techniques to improve your flexibility, mobility and sense of physical and emotional freedom. A therapist-assisted stretch with floor Thai massage uses isolated stretching combined with a focus on nerve pathways to promote the release of chronic aches and pains. Please come prepared dressed in active attire.

## THERAPEUTIC HEALING STONES

90 min \$350 USD

This therapeutic and relaxing experience is developed to address your specific concerns and wellness goals, using hot and cold stones combined with essential therapeutic oils to create a soothing, nurturing experience, deep release of tension and stress held in key areas of your body.

## REFLEXOLOGY

60 min \$220 | 90 min \$330 USD

Ancient civilizations discovered that through finger-applied pressure on specific points on the feet, many ailments could be relieved. Today, reflexology is extremely popular and celebrated for initiating self-healing and relaxation. Your entire body will benefit from an overall renewal of vital life-force energy.

# JUST FOR COUPLES

Rekindle romance and enjoy some respite together. Our couples treatments are a wonderful way to reconnect and indulge as you take time to relax and unwind in our beautiful spa sanctuary.

## TOTALLY TWO

*180 min \$1,675 USD*

Indulge yourselves with a day of decadence at Spa Montage. This ultimate experience is set in a private couples' sanctuary. We invite you to combine your choice of a 90-minute therapeutic massage with any of our ultra-indulgent 90-minute traditional facial therapies for a day of pampering.

## ROMANTIC ESCAPE MASSAGE

*60 min \$445 USD | 90 min \$665 USD*

Soft aromas of rose and geranium seduce the senses to a state of repose and set the intention for a truly romantic couple's massage. Created for just the two of you, this tailored-massage allows you to enjoy quality time together during a side-by-side treatment as you relax and renew.

## TWIN DOLPHIN COUPLES JOURNEY

*90 minutes \$665 USD*

Your journey starts with a specially design side-by-side massage on the floor that will take you and your loved one to new heights of connections. Now, it's time for our spiritual guide to joining you with the cleaning sage ceremony to purify and empower you and awaken your senses of connection by leading you through a breathing and mindful meditation ritual. Gratitude will be celebrated by presenting an offering to your partner.

*Prices inclusive of 16% tax. 15% service charge not included.*





# BEACH & POOLSIDE EXPERIENCES

Inspired by the Ayurvedic traditions of the Kansa Wand & Marma Points Massage, our vitality beach and poolside experiences are designed to improve energy flow to the entire body and calm your mind.



- **CABAÑAS EXPERIENCES**

Exclusively designed to be enjoyed in the comfort of your poolside cabaña. This profoundly healing body and mind massage relieves muscle and mental fatigue, increases vitality and slows the signs of aging by softening and strengthening the skin.

- **FULL BODY VITALITY**

90 min \$365 USD

- **FEET FIRST VITALITY**

60 min \$245 USD

- **FOOT VITALITY**

30 min \$125 USD

- **HANDS & ARMS VITALITY**

30 min \$125 USD

- **HEAD, NECK & SHOULDERS VITALITY**

30 min \$125 USD

*Prices inclusive of 16% tax. 15% service charge not included.*



# SALON MONTAGE

Be transformed and refreshed in our luxurious beauty salon. Our highly skilled hair, make up and nail experts will cater to your needs and provide the ultimate pampering and beauty experience.

## SPA MONTAGE MANICURE & PEDICURE COMBO

105 min \$215 USD

All the luxury of our classic nail services with an added clay mask.

## SPA MONTAGE MANICURE & PEDICURE

Manicure 60 min \$125 USD | Pedicure 90 min \$180 USD

All the luxury of our classic nail services with an added clay mask.

## GENTLEMEN'S GROOMING DELUXE MANICURE & POWER PEDICURE

Manicure 45 min \$93 USD | Pedicure 60 min \$120 USD

This classic manicure and pedicure includes nail trimming and shaping, a hydrating scrub, massage and buff. The perfect grooming to keep your nails looking their best.

## NAIL SERVICE ADD-ONS

French Polish 20 min \$22 USD

French Polish Change 30 min \$35 USD

Gel Nail Removal 30 min \$27 USD

Paraffin Treatment for Hands & Feet 30 min \$65 USD

Paraffin Treatment for Hands or Feet 15 min \$30 USD

Polish Change 15 min \$27 USD

## PRECISION CUTS & STYLING

Gentlemen's Haircut \$75 USD

Ladies Haircut \$133 USD

Shampoo Only \$53 USD

Shampoo & Blow dry \$75 USD

Curls Only \$44 USD

## MAKE UP

Day Make-Up Application \$85 USD

Special Occasion Make-Up \$110 USD

Bridal Trial \$110 USD

Bridal Full Make-Up \$155 USD

Flat-Ironing Only \$58 USD

Special Occasion Style \$110 USD

Bridal Trial Styling \$110 USD

Bridal Up-Do \$110 USD

*Note: All services and prices are subject to change depending upon length and thickness of hair.*

*Prices inclusive of 16% tax. 15% service charge not included.*



# TEEN SPA SERVICE

Spa Montage offers specially designed services for those ages 13 through 16 that may be enjoyed with the supervision of a parent or guardian. A bathing suit is required for teen massage services. Access to the Spa facilities or pool is not available for guests ages 13 through 16. A parent must be present for all services, including in the treatment room for massage and facial services.

## BALANCING MESSAGE

60 min \$220 USD

This Swedish-style massage relieves tension and soothes tired muscles.

## BALANCING FACIAL

60 min \$235 USD

Nature's best ingredients replenish the skin for a healthy, clear complexion. A relaxing facial massage, gentle exfoliation and customized mask illuminates the skin.

## TOTAL BODY BALANCE

90 min \$350 USD

The perfect fusion for an ultimate feeling, a relief massage and a facial combined for a total body experience.

## MANICURE AND PEDICURE

45 min \$75 USD / 60 min \$105 USD

A soak, cleanse and massage are followed by a nail shaping and painting with a color of your choice.

*Prices inclusive of 16% tax. 15% service charge not included.*





# FITNESS PROGRAMS

**Our wellness experts specialize in a variety of fitness techniques and are here to assist you with looking and feeling your best. Resort, Residence and day guests are welcome to enjoy complimentary access to our wellness center and select group fitness classes. Private group fitness classes, training sessions and series pricing is available upon request.**

*Please come prepared dressed in active attire.*

Spa Montage's extensive fitness facilities offer a healthy variety of cardiovascular and strength-training options, challenging exercise classes, postural assessment and advanced nutritional guidance. Our light-filled fitness center offers state-of-the-art equipment, while an adjoining movement and yoga studio is available for stretching, group classes and individual wellness assessments, training, and counseling.

- *Our state-of-the-art fitness facilities include:*
- *Cutting-edge cardiovascular equipment outfitted with individual media and IFit*
- *Life Fitness strength training equipment*
- *Life Fitness free weight area*
- *Outdoor lap pool*
- *Mind/Body Movement Studio*



# SPA BOUTIQUE

Spa Montage brings you the best in skincare, apparel and spa gifts. Our luxury offerings are carefully selected to ensure we offer products that will indulge the senses, promote a healthy lifestyle and incorporate our unique sense of place. Our professional skin care lines feature an array of active ingredients that combine nature's best with advanced skincare technology that allows you to take your personalized spa experience home.

We also offer a wide variety of premium apparel to help you look your best when in the gym or exercising outdoors. Gift items are another of our specialties. Unique gifts like jewelry, candles and body fragrances offer perfect options for friends, loved ones or yourself, to pamper with a purpose and offer unique and memorable treasures. You are invited to visit the Spa Boutique at any time during your stay.

