

Veyo SPA

SLOW DOWN LIFESTYLE DIARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COMPLIMENTARY						
08:00 - 08:30 Asana Yoga Maximum 05 persons @Veyo Spa	08:00 - 08:30 Breathing Maximum 05 persons @Veyo Spa	08:00 - 08:30 Power Walk Maximum 10 persons @Veyo Spa	11:00 - 11:30 Mat Pilates Maximum 05 persons @Veyo Spa	08:00 - 08:30 Power Walk Maximum 10 persons @Veyo Spa	17:30 - 18:00 Sunset Meditation Maximum 10 persons	08:00 - 08:30 Power Walk Maximum 10 persons @Veyo Spa
		11:00 - 11:30 Singing Bowl Meditation Maximum 05 persons @Veyo Spa				
SPECIAL OFFERS - 10% DISCOUNT BETWEEN 10:00 - 13:00						
Balinese Massage With 10% Discount @Veyo Spa	Thai Massage With 10% Discount @Veyo Spa	Coconut Scrub With 10% Discount @Veyo Spa	Booked 90 Min Massage & Get 20 Minutes Natural Facial @Veyo Spa	Gua Sha Body & Face With 10% Discount @Veyo Spa	Veyo Beys Signature With 10% Discount @Veyo Spa	Honeymoon Package With 10% Discount @Veyo Spa
GROUP SESSIONS USD 36/PERSON						
06:00 - 07:00 Sunrise Yoga Maximum 10 persons	06:00 - 07:00 Surya Namaskar Maximum 10 persons	08:00 - 09:00 Family Yoga 2 Adults & 2 Kids Maximum 10 persons @Veyo Spa	17:30 - 18:30 Sunset Yoga & Meditation Maximum 10 persons	17:30 - 18:30 Yin Yang Yoga Maximum 05 persons @Veyo Spa	11:00 - 12:00 Soham Meditation Maximum 05 persons @Veyo Spa	11:00 - 12:00 Pranayama Maximum 05 persons @Veyo Spa
PRIVATE & COUPLE 01 HOUR SESSIONS AVAILABLE ON REQUEST						
Sound Healing Yoga & Meditation USD 85/Person USD 110 / Couple @Veyo Spa	Pranayama USD 85 / Person USD 110 / Couple @Veyo Spa	Prenatal Yoga USD 85 / Person @Veyo Spa	Yoga Nidra USD 85 / Person USD 110 / Couple @Veyo Spa	Couple Workshop USD 114 / Couple @Veyo Spa	Romantic Couple Yoga USD 114 / Couple @Veyo Spa	Meditation USD 85 / Person USD 110 / Couple @Veyo Spa

Reservation is required for every activity. Book through Siyam World App, Veyo Spa, WOW Centre.

Please note there is a number of maximum participants for classes, also that class times or locations may change due to the weather conditions. Spa Hours: 09:00 - 21:00