

verve by sven

in the morning

frühstück

verve by sven

## breakfast menu

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55 chf

### verve

Thermal water from the Tamina Spring  
Detox Juice, Green Smoothie  
or Swiss NYCHA Kombucha  
Henauer Coffee or P&T Tea

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Chia Linseed Pudding ·  
Granola with Bee Pollen · Mango  
Poached Egg · Tomato Jam ·  
Swiss Tofu Cream with Lovage ·  
Crispy Sourdough Bread · Garden Cress

frühstück

## sebastian's

Thermal Water from the Tamina Spring  
Freshly squeezed Orange Juice  
Henauer Coffee or P&T Tea

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Bread and Pastries · Jam ·  
Bee Honey from Grisons · Butter from Grabs  
Two Organic Eggs, fried, poached or scrambled  
with Mangalica Pork Sausages · Crispy Bacon ·  
Mushroom Cream with Black Pudding ·  
Baked Beans · Grilled King Oyster Mushroom

## classic

Thermal Water from the Tamina Spring  
Freshly squeezed Orange Juice  
Henauer Coffee or P&T Tea

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Bread and Pastries · Jam ·  
Bee Honey from Grisons · Butter from Grabs  
Organic Natural Yoghurt ·  
Berries · Granola with Bee Pollen  
Brügger Charcuterie and Salsiz Sausage ·  
Jumi's Hard and Soft Cheeses  
Organic Soft-Boiled Egg

## breakfast à la carte

|   |     |
|---|-----|
| fresh from the bakery   | CHF |
| <hr/>   |     |
| Bread basket · Jam · Bee Honey from Grisons ·<br>Butter from Grabs  | 12  |
| <hr/>   |     |
| Pastry basket   | 9   |
| <hr/>   |     |
| French croissant  | 5   |
| <hr/>   |     |
| heart y   |     |
| <hr/>   |     |
| Two Organic eggs, fried, poached or scrambled<br>with Mangalica Pork Sausages · Crispy Bacon ·<br>Mushroom Cream with Black Pudding · Baked Beans ·<br>Grilled King Oyster Mushroom | 27  |
| <hr/>   |     |
| organic eggs from the region  |     |
| <hr/>   |     |
| Omelette with Cured Ham from Grisons ·<br>Cheese · Mushrooms  | 17  |
| <hr/>   |     |
| Two Eggs, fried, poached or scrambled   | 13  |
| <hr/>   |     |
| Smoked Mountain Salmon from Grisons ·<br>Scrambled Eggs · Organic Horseradish Cream ·<br>Crispy Sourdough Bread   | 27  |
| <hr/>   |     |
| «Shakshuka»   |     |
| Sunken Egg · Spicy Tomato Sauce · Olive Oil ·<br>Coriander  | 26  |
| <hr/>   |     |
| Poached Egg · Tomato Jam · Swiss Tofu Cream with<br>Lovage · Crispy Sourdough Bread · Garden Cress  | 25  |
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## breakfast à la carte

|   |     |
|---|-----|
| on the side   | CHF |
| Angus beef or Mangalica Pork Sausages                           | 13  |
| Crispy Mangalica Pork or Veal Bacon                             | 13  |
| Smoked Mountain Salmon from Grisons                             | 13  |
| Brügger Charcuterie and Salsiz Sausage                          | 13  |
| Jumi's Hard and Soft Cheeses                                    | 13  |
| Cream Cheese with Chives  | 9   |
| Vegan Cheese Soft White   | 9   |
| Grilled King Oyster Mushroom                                    | 9   |
| Baked Beans   | 9   |
| Fresh and Pickled Vegetables                                    | 9   |
|   |     |
| sweet   |     |
| Banana Pancakes with Hemp Protein from Grisons ·<br>Maple Syrup | 17  |
| Belgian Waffles · Cream Cheese · Wild Berry Compote             | 17  |
|   |     |
| fruit & grain   |     |
| Exotic Fruits   | 17  |
| Porridge from Organic Rolled Oats ·<br>Honey from Grisons       | 15  |
| Natural Yoghurt · Dried Fruits ·<br>Granola with Bee Pollen     | 16  |
| Bircher Müesli · Soaked Oats · Prunes                           | 15  |
| Chia Linseed Pudding · Granola with Bee Pollen ·<br>Berries     | 17  |

## breakfast beverages

wake me up CHF

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with a glass of Billecart Salmon Champagne 21

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homemade juices

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Freshly squeezed orange juice 9

Detox juice or green smoothie 18

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swiss organic kombuchas

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Nycha quince or Nycha Swiss mountain herbs 8

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henauer coffee

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Filter coffee | Cusco from Peru

Washed processed Arabica coffee from the highlands of Peru cultivated according to the guidelines of Max Havelaar and organic regulations

Flavour: tangy, light, white grape, pear, floral

Filter coffee served in a coffee pot 10

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Espresso | Camocim from Brasilien

A fair trade, healthy coffee from an eco-social environment.

Beans 100% Arabica. Grown at an altitude of 1,100 – 1,300 meters above sea level. Full aroma

Flavour: almond, prune, cane sugar

Espresso or Ristretto 6

Doppio 8

Cappuccino, flat white or latte macchiato 8

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Swiss Classics

Coffee with cream or milk 7

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## breakfast beverages

milk CHF

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### Organic Milk | Heidiland

From the local milk centre in Bad Ragaz.

Alternatives: Oat, soy, skimmed or almond milk

A glass of milk 5

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### Felchlin Chocolate | Grand Cru Sambirano 68%

The cacao comes from four villages in the Sambirano area in northwest Madagascar. Order a hot chocolate and support the cacao famers and their families.

Cup of hot chocolate 8

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served in a tea pot 10

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### Focusana | Bad Ragaz

Based on scientific studies, Franziska Casutt selects and hand-blends teas with great care to create a tea blend that supports your health.

Health Tea Original, Ragaz Lifestyle, FruTea, Verveine, Camomile, Rooibos, Moroccan Mint or Hemp Blossoms

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### Paper & Tea

100% natural, pure whole leaf teas for a conscious and inspired lifestyle.

Black     Tip of the Morning: Assam and Ceylon  
              Golden Earl: bergamot, honey, leather  
              Muse: Darjeeling second flush

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Oolong    Four Seasons of Spring: floral, milky, sweet

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Green     Imperial Dragon: chestnut, velvety, roasted  
              Daikoku: grassy, fine-sweet, umami  
              In the Mood for Love: fragrant, tender-sweet, airy

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White     Pu Er Bai Ya: sweet, vegetal, cedar, hay  
              White Earl: floral, fruity

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Please inform our staff about any  
food intolerances and allergies.

frühstück