



COMPLIMENTARY WEEKLY ACTIVITY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am - 9:00am	Surya Yoga & Pranayama	Village Biking	Surya Yoga & Pranayama	Keliki Rice Paddy Trekking	Surya Yoga & Pranayama	Jungle Boot Camp	Surya Yoga & Pranayama
10:00am - 11:00am	Jungle Boot Camp		High Intensity Interval Training		High Intensity Interval Training		
3:00pm - 4:00pm		Boreh Making		Canang Making		Boreh Making	
4:00pm - 5:00pm	Keliki Rice Paddy Trekking		Jungle Boot Camp		Village Biking		
5:00pm - 5:45pm		Chandra Yoga & Meditation		Chandra Yoga & Meditation		Chandra Yoga & Meditation	Meditation & Purification

The above schedule is subject to change. Reservations recommended