
COLD

ENERGIZING SALAD (VG) (G) 34

Broccoli, mushroom, cauliflower, avocado, carrot, zucchini, squash, apple, raisins, mozzarella, sunflower seeds, citrus dressing

SEARED MALDIVIAN YELLOW FIN TUNA SALAD (D) 39

Crunchy vegetable, pomelo, wakame, yuzu soy dressing

QUICK SEARED WARM TIGER PRAWNS (G) (N) 42

Green mango, papaya salad, coriander, mint leaves, lemongrass sauce

ORGANIC SPINACH AND QUINOA SALAD (VG) (G) (D) 39

Green apple, pumpkin seeds, pomegranate, extra virgin olive oil

THE AVOCADO (VG) (G) (D) 38

Organic tri-colours quinoa, grape fruit, heirloom tomato, organic lettuce and chardonnay dressing

(V) Vegetarian | (VG) Vegan | (G) Gluten Free | (D) Dairy Free | (N) Contains Nut

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COLD

GRILLED HALOUMI CHEESE (V) (N) 38

Bulgur, chickpeas, rocket salad, roasted walnut dressing

KING PRAWN RICE PAPER ROLL (G) (D) (N) 42

Vermicelli, basil, mint leave, crunchy vegetable, chili dip

SOUP

SOUP OF THE DAY 24

LOW FAT CREAMY BROCCOLI-KALE (G) 32

Poached free range egg, emmental, parmesan toast

ORGANIC BEEF MEATBALL AND BRAISED ENDIVE (G) (D) 36

Italian parsley, carrot, potato, extra virgin olive oil

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MAINS

ORGANIC GRASS FED BEEF STEAK (G) (D)	62
Warm cauliflower, fennel salad, baked sweet potato chips	
ATLANTIC GRILLED SALMON (G) (D)	52
Organic spelt buckwheat noodle, spring onions, toasted sesame seeds, shoyu dressing	
PATAGONIAN TOOTHFISH (G) (D)	69
Organic basil crusted, wild mushrooms, green asparagus, thyme natural jus	
FREE RANGE CHICKEN LEMONGRASS CURRY (G)	49
Spicy turmeric curry, potato, brown rice, organic okra	
GRILLED RIVER WATER PRAWN (G)	52
Organic risotto, lemon, asparagus, parmesan, crustacean foam	

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MAINS

ORGANIC GLUTEN FREE CORN AND RICE PASTA (V) (G) 38

Vine-ripe tomatoes, green asparagus, kalamata olives,
parmesan, basil

KIMCHI FRIED RICE (G) 38

Poached organic egg, seaweed, spring onions, green peas

WOK FRIED SNAPPER NOODLE 46

Egg noodle, organic spinach, mushrooms, beansprouts

DESSERT

GUAVA SORBET (G) (D) 22

Chilled hibiscus soup, dehydrated meringue

ORGANIC FLOURLESS CHOCOLATE CAKE (G) 24

Avocado mousse, wild berries

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DESSERT

VEGAN COCONUT PANNACOTTA (VG) (G) (D) 24

Almond milk, passion fruit

TROPICAL FRUIT (VG) (G) (D) (N) 22

Wild berries, lemongrass sorbet

NON-DAIRY ICE CREAM AND SORBET 8 | SCOOP

ICE CREAM

Blueberry pop, honey macadamia, sticky date, pecan, strawberry choc chip

SORBET (G)

Peach, lemon, raspberry

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