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LE MÉLÉZIN

Favourite Activities Winter 2019



Courchevel, As part of the Three Valleys; the world's largest ski area, gives you access to a total of 600 Km of ski slopes, all well linked and impeccably groomed.

Besides the vast ski domain, Courchevel also offers a wide variety of other activities, some of which are listed over the following pages. Our Concierge will be happy to advise timing and prices and assist with all arrangements.

Ski touring and backcountry skiing

An incredible alternative to get away from the slopes - A calm day of backcountry in the Vallée Des Avals. While only a short distance from the main ski area, its inclusion in the Vanoise National Park gives it a very remote feel, free from lifts and crowds. The variety of terrain and the multiple route options will only add to the allure of the backcountry in the Vanoise.



© Patrick Pachod

Dog sledge at Méribel

Unlike many other dog sledding circuits, the Méribel outing is anything but flat. The track meanders through the forest surrounding the Altiport over varied terrain. This strenuous route will require ducking under branches, charging up and down hills and weaving through the trees. Each guest pilots their own three or four dog sled for a vigorous and very rewarding journey around the Meribel track.



Snowshoeing or trekking

Accompanied by a knowledgeable guide who will explain local botany and wildlife, we can arrange full or half day hikes with or without snowshoes into areas rarely visited.

Customised for the level of fitness and prevailing conditions, this is one of the best ways to appreciate the high altitude nature of the French Alps

Recommended Attire: Good hiking shoes, comfortable clothing, hat, and gloves.

Courchevel 1850 - *The woodcutter trail,*

Starting with a gentle hike up through the Prameruel forest, following hare and fox tracks, this journey provides great panoramas of the Mont Blanc and the Aiguille du Fruit. The descent is dominated by powder snow. This hike is 5 km long and the elevation Gain is 170 meters.

Duration: two and a half hours



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Courchevel 1650 - *Lac de la Rosière,*

On the edge of the Vanoise National Park, at the foot of the Dent du Villard, the lake sparkles with beauty. Walking on the trail towards the waterfall you will discover evidence of animal life. The site is listed "Natura2000" for the purity of its stream and the peacefulness and the presence of roe deer. It is a smooth hike with only 170 meters of elevation gain.

Duration: two and a half hours

Hot-air ballooning

What better way to appreciate the breath-taking scenery of the Alps than from a bird-eye-view. These flights take place at sunrise from the airfield of Courchevel, offering incredible view of the mountains and valleys, the villages and the ski-slopes.



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Tobogganing and sledging

A slope dedicated to sledges is open day and night on a 2 km descent with 300 meter vertical and 15% slope on average. The track is lit from start to finish. It starts along the Tovets trail in Courchevel 1850 and finishes in Courchevel 1550. The Grangettes gondola services the return.



Scenic flight by helicopter

Various helicopter flights are available for a magical discovery of the Alps. Flights take place over the Three Valleys, over the Haute Tarentaise mountain range, or around Mont Blanc with an altitude of 4'800 meters.



Ice Skating

The ice rink is a perfect opportunity to stay active and enjoy winter sports, even on days when the weather might not be perfect. Skates are available for rental on site.



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