



Awaken Your Senses



HEAVENLY JOURNEYS

MALDIVIAN BLISS

A holistic ritual begins with traditional Maldivian coconut exfoliation, enhanced with steam room experience followed by dynamic massage technique, concludes with soaking magnesium-rich bath.

120 MINUTES SINGLE - USD 300 or
FOR TWO - USD 500

HEAVENLY SANCTUARY

An exquisite nourishing and protective ritual begins with cocooning wrap followed by luxurious signature Heavenly full body massage.

90 MINUTES SINGLE - USD 250 or
FOR TWO - USD 400

MAGIC INDULGENCE

A De-stressing and relaxing ritual with caressing top-to-toe massage and completes with relaxing facial as per your skin needs.

120 MINUTES SINGLE - USD 300 or
FOR TWO - USD 500

HEAVENLY CARE

BODY TREATMENTS

MIRIANDHOO REVIVER SCRUB

We offer you traditional Maldivian experience with indigenous organic coconut scrub will exfoliate, soften and moisturize your body skin.

40 MINUTES - USD 90

AFTER SUN BODY CARE WRAP

Rescue your sun exposed skin with this calming and restoring wrap using Lavender Aloe Vera and Neroli.

60 MINUTES - USD 120

REBIRTH RITUAL

Magnesium exfoliation removes dead cells to reveal a new brighter skin. A cozy wrap will work its magic by stimulating skin detoxification process.

60 MINUTES - USD 120

HEAVENLY TOUCH

BODY MASSAGES

HEAVENLY SPA SIGNATURE

The Heavenly Spa by Westin ritualized Swedish massage experience, designed to go beyond your expectations and leave you feeling rested and uplifted.

60 MINUTES - USD 170

90 MINUTES - USD 200

BALINESE MASSAGE

Combining techniques of aromatherapy, acupressure and reflexology, this massage works the deep tissues of the body and boosts circulation to heal and renew.

60 MINUTES - USD 150

90 MINUTES - USD 180

DEEP TISSUE UPLIFT

An intensive massage that works deeply into stiff, tight, aching muscles to instantly release pain and tension.

60 MINUTES - USD 150

90 MINUTES - USD 180

ASPIRE (Bespoke)

Natural aromatherapy oils and diverse massage techniques are customized to answer one simple question: How do you want to feel?

60 MINUTES - USD 170

90 MINUTES - USD 200

SPORTS MASSAGE

The perfect complement to your diet and exercise routine. Detoxifying and extremely rejuvenating aims to relieve sore muscles and increase flexibility

60 MINUTES - USD 150

90 MINUTES - USD 180

FOOT REFLEXOLOGY

This treatment starts with renewal foot scrub and followed by leg and foot massage with focus on the reflex points of the feet to relieve pain and stress.

60 MINUTES - USD 90

HEAD AND SCALP

Relaxing and de-stressing therapeutic head and scalp massage with our organic dry oil or magnesium sea brine treatment

30 MINUTES - USD 60

HEAVENLY GLOW

SPA FACIALS

INFINITY (ANTI-AGING)

This timeless rejuvenating care with Holistic Ridoki massage stimulates vital points to make your skin visibly relaxed and glowing.

60 MINUTES - USD 170
90 MINUTES - USD 200

RESTORE (HYDRATING)

Designed to rehydrate and replenish the skin, leaving it gloriously renewed.

60 MINUTES - USD 170
90 MINUTES - USD 200

REVIVE (DEEP CLEANSING)

An intense deep cleansing facial leaves the skin purified and re-energized.

30 MINUTES - USD 90
60 MINUTES - USD 170

MAN SPACE

Suitable for men's needs, includes a relaxing yet stimulating face Nouat Naa massage leaves you refreshed.

60 MINUTES - USD 170
90 MINUTES - USD 200

HEAVENLY BEAUTY

SPA MANICURE

Essential manicure treatment includes nail shaping and cuticle care. Nail polish available upon request.

40 MINUTES - USD 65

SPA PEDICURE

Essential pedicure includes nail shaping, cuticle care and feet exfoliating. Nail polish available upon request.

60 MINUTES - USD 80

SHAPE AND POLISH

25 MINUTES - USD 25

*Waxing available upon request.

ETIQUETTES

Spa treatments and Personal trainer assistance are available from 10:00 am until 10:00 pm daily.

Fitness Facilities – 24/7.

Please contact your butler or place your reservation directly from your room by dialing Ext. 432

To ensure that all guests can enjoy the peace and harmony within the Spa and Wellness Facilities, we request that all guests keep noise level to a minimum and refrain from carrying cellular phones and other electronic devices.

ARRIVING FOR YOUR APPOINTMENT

To make the most out of your spa and wellness experience, we ask you to arrive 20 minutes prior to your scheduled appointment. This will give you time to check in, get ready, enjoy your welcome drink and start your relaxation early. In the unlikely event that you are running late, we will endeavour to conduct your treatment. However, please note that we shorten your treatment time. Some spa treatments will may have welcome foot ritual which is part of the treatment duration.

WHAT TO WEAR

For Spa treatments, we will provide you with comfortable disposable underwear, robe and slippers. You may wish to bring your swim wear to enjoy our sauna or steam room located at our WestinWORKOUT.

SMOKING AND ALCOHOL

The consumption of cigarettes and alcohol is not encouraged in any Spa and Wellness environment and not advised before any spa treatment or service.

CLEANLINESS

Keeping our commitment to cleanliness, safety and hygiene, our equipment is sterilized and sanitized after every service and treatment.

CHILDREN POLICY

Minimum age for Spa Treatments, sauna, steam room and Jacuzzi usage is 16.

VALUABLES

We request that you store all your valuables in your room or locker provided to you at the time of your service. The Westin Maldives Miriandhoo will not be responsible for lost, stolen or misplaced items.

GIFT CARDS AND CERTIFICATES

Gift certificates for our Spa and Wellness services are available. For more details, please contact our Spa Receptionist or your butler.

CANCELLATION POLICY

We require 3 hours advance notice in order to cancel or re-schedule your appointment with no charge. Any changes or cancellations made after the 3 hour window will incur a 20% cancellation fee. This policy also applies to gift card and certificate holders.

REFUND POLICY

Treatment packages are non-refundable, non-transferable and non-exchangeable. Unused products in their original packaging may be returned within 14 days for a full refund.

PAYMENT

Any gift cards, vouchers, or certificates must be mentioned at the time of booking.

All prices exclude 12% Government Tax and 10% Service Charge. Kindly note, the prices are subject to change without prior notice.

WESTIN WORKOUT AND LIFE STYLE

HEAVENLY STYLE CONSULTATION

Based on individual Holistic Health Assessment a comprehensive wellness program will be developed by our Wellness Counselor.

It will include:

- A personalized wellness treatments program
- Guidelines regarding lifestyle and diet modification
- Dietary and herbal supplements may be advised
- A personalized stress management plan will be created, including physical activity, meditation, breathing techniques, etc.

40 MINUTES - USD 100

PERSONAL TRAINING AND WORKOUT SESSION - 60 MINUTES

Single - USD 90

For two - USD 150

Family (upto 4 pax) - USD 180

3 PERSONAL TRAINING SESSIONS

Single - USD 230

For two - USD 370

Family (upto 4 pax) - USD 440

7 PERSONAL TRAINING SESSIONS

Single - USD 500

For Two - USD 800

Family (Upto 4 Pax) - USD 960

THE WESTIN MALDIVES MIRIANDHOO RESORT

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westin.com

YOGA & MEDITATION

During the one hour Yoga you will experience

- Warm up
- Whole Body Stretching
- Surya Namaskar (Sun Salutation)
- Asanas (postures)
- Breathing Technique
- Meditation

PRIVATE YOGA CLASS 60 MINUTES

Single - USD 90

For two - USD 150

Family (upto 4 pax) - USD 180

3 PRIVATE 60 MINUTES YOGA CLASSES

Single - USD 230

For two - USD 370

Family (upto 4 pax) - USD 440

7 PRIVATE 60 MINUTES YOGA CLASSES

Single - USD 500

For two - USD 800

Family (upto 4 pax) - USD 960