

By going back to the source
and listening to the earth's secrets
we can live in serenity, harmony
and balance.

Lead your body and mind on a journey of inner
and outer peace at the Emerald Spa, achieving true
synergy of the mind, body and soul.

We offer an extensive and unusual range of spa
services tailored to your personal needs.

Open every day from 09:00 to 21:00

Spa Facilities

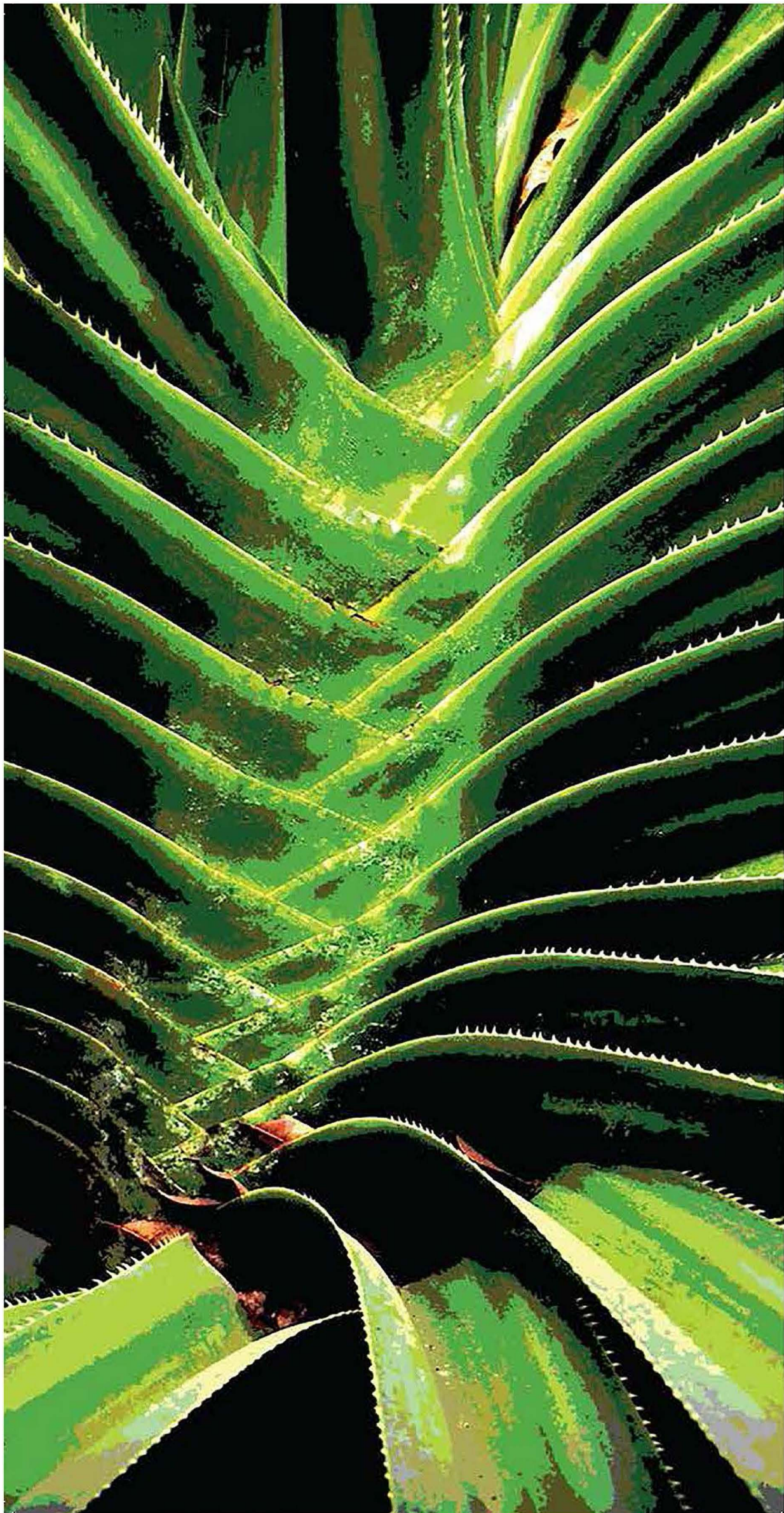
Couple Massage Rooms

Ayurvedic Massage Rooms

Spa Retail Boutique

Relaxation Area

Beauty Treatment Room



Massages

Emerald Signature Massage

This exclusive massage using a combination of techniques improves blood circulation, releases muscular tensions, and lure you into a state of deep relaxation.

Treatment Time: 1 hr 30 min

Traditional Thai - Shiatsu Massage

No oil is used in this classic ritual Thai style massage. Pressure is medium to strong concentrating on the body pressure points and body stretchings.

Treatment Time: 1 hr / 1 hr 30 min

Hot Stone Massage

This massage is a warmed stone treatment combined with essential oils and manual massage, creating a deep sense of relaxation.

Treatment Time: 75 min/ 1hr 30 min

Tension Release Massage

A strong massage technique focusing on the deeper layers of the body tissue, releasing the tensions through long slow strokes.

Treatment Time: 1 hr / 1 hr 30 min

Aromatherapy Massage

Wash away your stress with gentle movement's blend with choice of aromatherapy oils that will incorporate into a personalized massage to provide an exquisite inhalation experience.

Treatment Time: 1 hr / 1 hr 30 min

Asian Head Massage

Inspired from ancient healing system of Ayurveda, this shoulder, neck, back, arm and scalp massage is designed to relieve symptoms of anxiety and depression, relieve sleeplessness and renew energy level.

Treatment Time: 1 hr

Balinese Massage

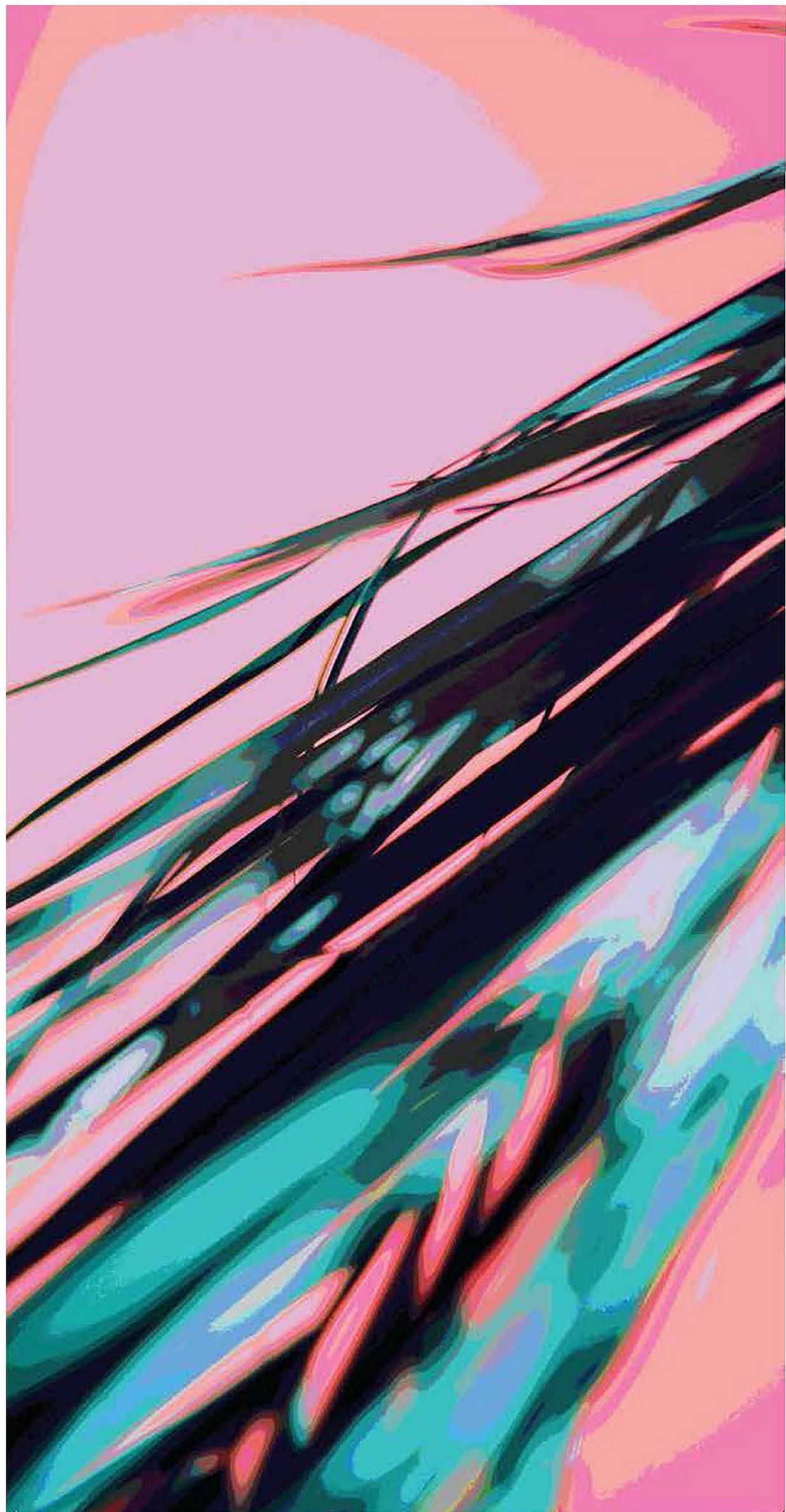
Centuries of experience has blended massage techniques to stimulate blood flow and increase oxygen level on the body by incorporating gentle stretch , accupressure and reflexology to bring sense of well - being, calm the mind and profound relaxation.

Treatment Time: 1 hr / 1 hr 30 min

Tender Feet Relax

Relaxing and stimulating techniques are used by applying pressure to the feet, resulting in increased blood circulation and promoting specific body and muscular functions.

Treatment Time: 1 hr



Mother To Be Massage

This Massage has been especially tailored to mothers on second and trimester of pregnancy. The movements help to prevent insomnia, reduce muscle cramp and soothe the nervous system.

Treatment Time: 1 hr / 1 hr 30 min

Sculpting Massage

Ideal for those who are concerned by the appearance of cellulite on the body, this stimulating treatment is crafted to target fluid retention, stubborn fatty deposits, and uneven skin texture.

Treatment Time: 1 hr

Abhyanga Massage

The medicated herbal oil application, it is a program where the oil is liberally applied using medium & gentle strokes in the downward direction. The mere soaking of the body in the prescribed oil for the said duration on a regular basis yields wide-ranging benefits such as a good appetite, alertness during the day, good sleep at night, and a reduced stress level.

Treatment Time: 1 hr

Shirodhara Massage

Shirodhara is a classical and well-established Ayurvedic procedure. Slowly and steadily dripping medication on the forehead. This procedure induces a release of stress and awareness that results in a dynamic psycho-somatic balance and it is combined with abhyanga massage movements.

Treatment Time: 1 hr



Scrubs & Wraps

Elemis Intensely Body Scrub

Choice of Fragranced Salt will gently slough away dead skin cells, encouraging the regeneration of new cells and delivering smooth and invigorating skin.

Treatment Time: 45 min

Elemis Body Nectar Nourishing Wrap

The velvety texture of the monoi oil offers super hydration, quenching thirsty skin. You are kept cocooned and warm while the mood-balaancing aromatics and conditioning oils do their work

Treatment Time: 1 hr

Sun Soother Body Wrap

To soothe the sun kissed skin, this cooling therapy is the finest way to experience the soothing power of nature. Soothing body compress and nourishing fresh cucumber will help to soothe your skin whilst blissful scalp massage is performed by our professional therapist.

Treatment Time: 45 min

Nourishing Hair Wrap

Warm and nutritious oil is applied into hair and scalp followed by pressure point on the head will leave your hair nourished and smooth

Treatment Time: 45 min

Body Rituals

Exotic Nectar Body Glow

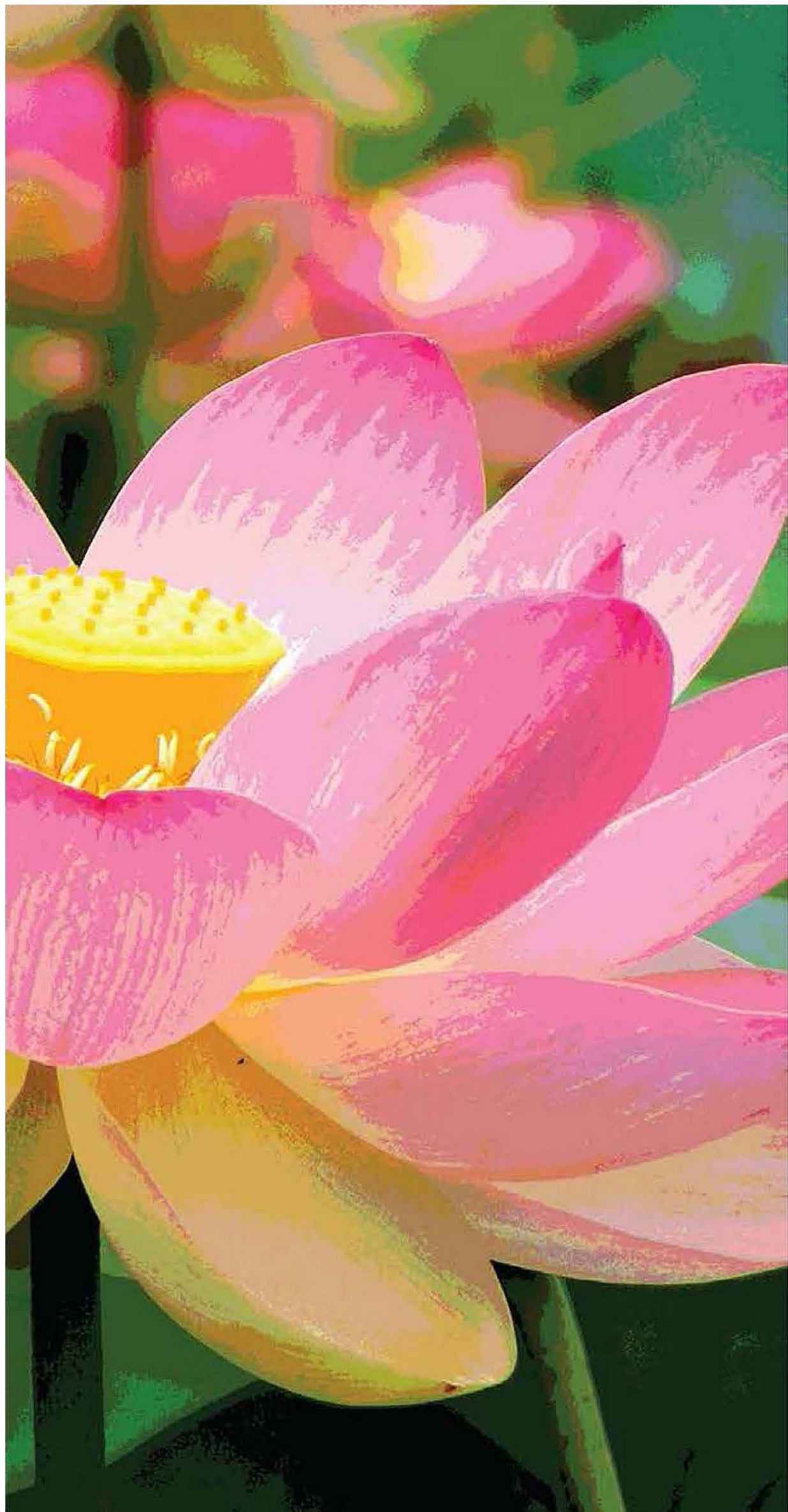
A blissful body rituals with exotic nectar salt scrub followed by special tailored movements to promote deep relaxation and restore the energy flow.

Treatment Time: 2 hrs

Emerald Signature Rituals

Embrace moment with your self with this beautiful treatment which will leave you relax, revive and Rejuvenate.

Treatment Time: 2 hrs



Facial Treatments

Elemis Age Defy Facial

Treat fine lines and wrinkles with the age-defying benefits of marine charged Padina Pavonica and red coral. Targeted massage encourages optimum cellular function of nourished, younger looking skin. This treatment including blissful back massage.

Treatment Time: 1 hr 30 min

Elemis Superfood Pro-Radiance

A nutritional boost rich in superfood and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives to leave skin plumper, radiance and lit up with good health.

Treatment Time: 1 hr

Elemis Sensitive Skin Soother

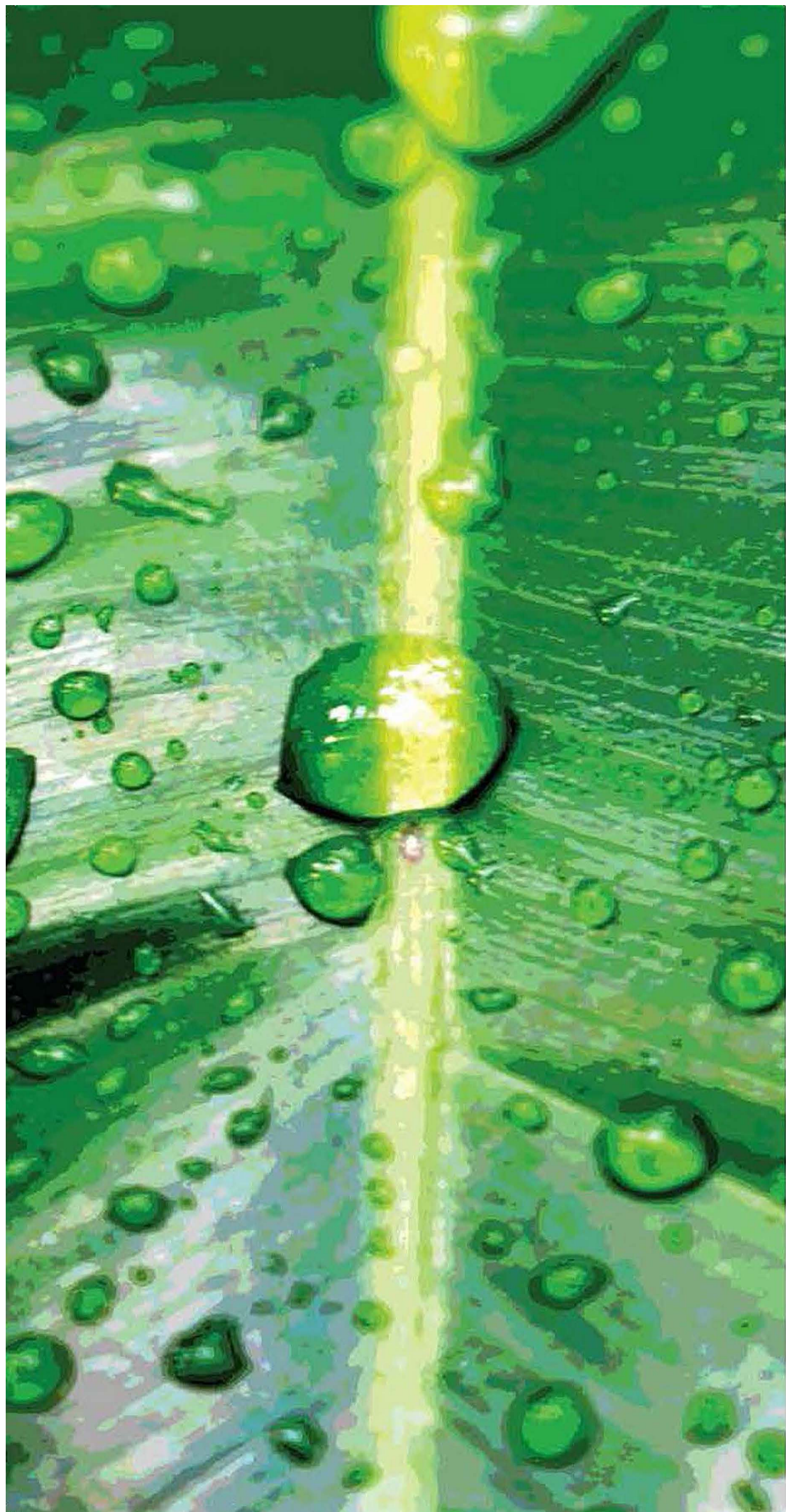
Fragile skin need special attention. A soothing massage technique help reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

Treatment Time: 1 hr

Elemis Peptide 24/7 Skin Sync

Target tired skin with this radiance –restoring Peptide 24/7 facial. Powerful botanical formulations are combined with specialist massage techniques to replenish skin with a well-rested glow.

Treatment Time: 1 hr



Care for Hands & Feet

Manicure

The hands or nails are cleaned, treated and shaped according to your preference. A relaxing hand massage completes the treatment before the application of nail polish or nail buff.

Treatment Time: 1 hr

Pedicure

The feet are first given a bergamot footbath, nail trimmed, nail scrubbed, and shaped according to your preference. The treatment completed with a relaxing feet massage before the application of nail polish or nail buff.

Treatment Time: 1 hr

Waxing

Bikini Line

Under Arm

Full legs

Half Legs

Back / Chest

Treatments Time: 1 hr

Shampoo

Shampoo and Blow Dry

Shampoo and Style

Treatments Time: 1 hr

Spa Etiquette

Etiquette

To maintain a relaxing environment so guests can enjoy the peaceful sanctuary of Emerald Spa, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment and accompanied by an adult. Cellular phones and electronic devices are discouraged.

Attire

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available and must be worn during spa treatments.

Reservation

Advanced bookings prior to your arrival are recommended to secure your preferred date and time of treatment. Please dial extension 585 to make reservation or visit Emerald Spa.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment times. A late arrival will result in a shortened treatment in order not to affect other guests.

Spa Treatment Hours

The Spa is open from 09:00 am to 21:00 pm daily. Last treatment finishes at 20:30 pm.

Special Consideration

Guests who have high blood pressure, heart conditions, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Please make your spa therapist aware of any medical conditions.

Cancellation Policy

6- hours cancellation notice is required to help us re-schedule your appointment, subject to space availability. With fewer than 6 hours notice or no show, you will be charged full price.

Valuables

Lockers for valuables are provided in the spa changing rooms. But we recommend that no jewellery be worn at the spa. Management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Refund Policy

Treatment packages are non-exchangeable.

Payment

Hotel guests may charge the treatments to the room account

Price List

Massages	Minutes	USD
Emerald Signature Massage	90	195
Traditional Thai-shiatsu Massage	60/90	145/190
Hot Stone Massage	75/90	155/190
Tension Release Massage	60/90	145/190
Aromatherapy Massage	60/90	145/190
Asian Head Massage	60	145
Balinese Massage	60/90	145/190
Tender Feet Relax	60	145
Mother to be Massage	60/90	145/190
Sculpting Massage	60	155
Abhyanga Massage	60	145
Shirodhara Massage	60	145

Scrubs & Wraps	Minutes	USD
Elemis Intensely Body Scrub	45	118
Elemis Body Nectar Nourishing Wrap	60	155
Sun Soother Body Wrap	45	118
Nourishing Hair Wrap	45	109

Body Rituals	Minutes	USD
Emerald Exotic Nectar Body glow	120	295
Emerald Signature Rituals	120	255

Facial Treatments	Minutes	USD
Elemis Pro-collagen Age Defy	90	219
Elemis Superfood Pro-Radiance	60	169
Elemis Sensitive Skin Soother	60	169
Elemis Peptide 24/7 Skin Sync	60	169

Care for Hands & Feet	Minutes	USD
Manicure	60	85
Pedicure	60	95

Waxing	Minutes	USD
Bikini Line	60	45
Under Arm	30	35
Fulllegs	60	85
Half legs	60	45
Back/Chest	60	85

Shampoo	Minutes	USD
Shampoo and Bow Dry	60	70
Shampoo and Style	60	95

ALL prices are in USD and subject to 10% service charge and 12% tourism goods and service tax

