



SUN SPA

By Healing Earth

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Sun Spa Signature Rituals



Bespoke healing therapies created by Healing Earth to take you on a journey of deep relaxation with blends of our most popular rituals offering you a truly holistic wellbeing experience.

Coconut Journey

120 minutes - \$245

Restore your skin's luster with this amazing coconut scrub, followed by a hydrating tropical coconut oil massage. This treatment uses a blend of finest quality products to suit your individual needs, leaving your skin soft and supple whilst releasing your stress with a scalp massage, followed by a Maldivian coco hairwrap and facial. Enjoy the Maldivian coconut drink (Kurumba) to complete your journey.

Island Harmony

90 minutes - \$190

Wave-like movements and massage techniques from the oldest traditions around the world evoke a deeply relaxing and uplifting massage experience. Herbal poultices are used to evoke a warm, nutrient-rich relaxation to tense muscles. This massage works with the body's natural energy system to harmonize the energy flow. Utilizing our miracle African Potato body balm to revive your senses whilst enriching your skin with antioxidants and deep hydration.

Divine Skin Healing

100 minutes - \$215

Worlds-renowned for its skin healing properties, African potato has been used for centuries to replenish and repair sensitized skin. Starting with warm balm massage, followed by an antioxidant enriched express facial, this is the ritual to your individual skin care concerns.

The Spice of Life

90 minutes - \$180

Infused with the firming and healing properties of coffee, cinnamon and orange, this is perfect to stimulate the body and illuminate the skin. A defined and sculpt exfoliation culminated by stimulating lymphaticfull body massage.



Couple Spa Rituals

Island Hideaway

120 minutes - \$435

An unparalleled spa journey for you and your special someone, designed to ease stress and create a serene sanctuary. Experience connection through this luxurious ritual with the essence of Marula and Neroli calming and soothing the mind for a deep sense of relaxation. This ritual softens and hydrates the skin with a full body exfoliation and body massage followed by a cooling crystal face massage.

Soulmate Escape

100 minutes - \$395

Connect in this magical experience with your love partner. Choose from any 70-minute signature massage customize to your body, followed by your choice of one of our 30 minutes' spa-express treatment. The ultimate escape to celebrate romance.

Honeymoon Dream

150 minutes - \$489

The perfect treatment to feel luxurious and pampered. The treatment starts with an intensive full body exfoliation, followed by an aromatic massage to complete your relaxation. We end with a facial suited for your skin type and amazing floral bubble bath to finalize your journey.



Sun Spa Signature Facials

We work to restore the natural health and balance of the skin, thereby creating positive and lasting results. Step back into nature and return to the sources of your natural wellbeing while creating a sense of balance and harmony.

High Performance

90 minutes - \$195

Tri-enzyme Facial

A peptide-enriched facial using low levels of AHA's and enzymes to gently stimulate skin cell renewal and deep skin-cleansing. Enhanced with the vitamins for your skin needs, collagen and elastin production is stimulated providing the perfect anti-ageing skin treat.

Ultimate Equilibrium

60 minutes - \$145

The original vino-therapy Pinotage facial rich in antioxidants, essential oils and vitamins to purify and brighten the skin. Neroli and Rose essences work to deeply purify and detox the oil glands preventing excess oil production and break outs. Suitable for Oily & Combination skin types.

Essential Hydration

60 minutes - \$145

An instant revival for dehydrated skin. The aromatherapy formulation of Marula and rose, combined with the mega-moisture miracle, Hyaluronic acid. The skin is left plump and smooth, enhancing the hydration levels and revealing your inner glow.

Pure Radiance

60 minutes - \$145

Using pure extracts of jasmine and baobab, enhanced with a pure radiance skin booster rosehip oil. The ultimate invigorating therapy including the signature African Touch massage to enhance lymphatic flow.

Men Focus Facial

60 minutes - \$145

Deeply cleansing with exfoliation, a balancing facial for the modern man looking to restore and energize the skin.



Specialty Massage Therapy

Drift into the tranquility through our unique massage treatments inspired by ancient techniques specifically customized to address your needs.

Kuredhi Symphony

60 minutes - \$120

90 minutes - \$170

Sun Spa signature massage inspired by the gentle waves that captivates the imagination and offers respite from the bustle of a busy life.

Bamboo Fusion

60 minutes - \$145

90 minutes - \$195

A unique massage using bamboo shoots as well as hands-on movements to create a deeper impact on the muscles releasing stiffness and tension.

Traditional Hot Stone

60 minutes - \$145

90 minutes - \$195

This treatment works on melting away tension and stress, aids in the release of toxins, improves blood circulation and completes a feeling of absolute rejuvenation. Choose from our signature Pinotage Aromatherapy Oils, complimented with the use of ancient techniques of heated Basalt stones, to help you relax and warm the muscles. Focused on tension areas and tailored to your individual needs, this unique massage aids in rejuvenation of any build up tension.

Age Defying - Anti Cellulite

60 minutes - \$130

90 minutes - \$180

Nourish, replenish and stop the first signs of aging with Pinotage antioxidant massage oil that contains resveratrol from grapeseed extracts. This vitamin-rich infusion is also beneficial in brightening the complexion, softening the skin and repairing skin cells to reveal a youthful glow.

Four Hands Harmony

60 minutes - \$180

90 minutes - \$230

The ultimate massage therapy where two Spa artisans work simultaneously focusing on the main areas of the body. A truly indulgent and invigorating massage.

Pregnancy Massage

60 minutes - \$120

90 minutes - \$170

Celebrate your great expectation with this gentle and nurturing treatment. It is exactly what you need to support you during this physically and mentally challenging time.

** Available in the second and third trimester only

Reflexology

60 minutes - \$120

A classic foot therapy which stimulates all reflex points on the feet, mirroring the organs in the body. Simply relaxing ritual with profound effects on overall wellness.

After Sun Renew

60 minutes - \$120

The ultimate after sun recovery ritual. This treatment harnesses the healing powers of pure aloe vera and African Potato Balm to restore sun damaged skin. While we gently cocoon a hydrating facial cleanse, soothing mask and moisturizer is applied to restore and renew.



Signature Massage Therapy

Full body renewal through the healing touch infused with anti-oxidant, vitamin-rich oils and balms affecting the mind, body and soul. Inspired by international traditional therapies, our Spa artisans will take you on a blissful journey of relaxation.

Aromatherapy

60 minutes - \$120

90 minutes - \$170

A blend of essential oils, suited to your mood is used in this holistic massage, gentle pressure is applied to ease your senses.

Balinese

60 minutes - \$120

90 minutes - \$170

An age-old tradition with Balinese roots, this relaxing light-to-medium pressure massage is a perfect starter for your journey on the island.

Thai

60 minutes - \$130

90 minutes - \$180

Handed down through generations for centuries, this ancient massage technique applying pressure along the body's energy lines combined with muscle stretching to alleviate tension and stiffness. Thai massage is performed without oil.

Muscle Melt

60 minutes - \$130

90 minutes - \$180

Designed for maximum therapeutic results using moderate-to-deep pressure to treat specific muscle groups. This therapy helps to release muscle tensions and mitigates repetitive stress syndrome.

Nourish

60 minutes - \$130

90 minutes - \$180

Choose your signature balm of de-stressing Marula and Neroli essential oil (Relax), detoxifying Mongongo nut and shea butter (Detox) or hydrating Kalahari Melon and jojoba (Hydrate). Indulge in this serene and nurturing relaxation.

Detox

60 minutes - \$120

90 minutes - \$170

A stimulating massage working on the lymphatic system to increase circulation and begin the detoxification process, enhanced with the effect of Mongongo Nut & Juniper.



Body Rituals



Skin-Smoothing Polishes

Stillness

45 minutes - \$95

Combining the relaxing blend of Marula and Neroli, this full body exfoliation softens and hydrates the skin while promoting relaxation of the mind, body and soul.

Detox and Sculpt

45 minutes - \$95

An eclectic blend of tropical island spices for body exfoliation which assists in the relief of water retention and promotes detoxification. The ritual ends with the application of skin firming body corrective cream.

Ultimate Hydration

45 minutes - \$95

The ultimate hydration body polish enriched with essential fatty acids and skin smoothing organic granules. This tropical polish will leave the skin brightened and ready for that holiday glow!

Body Envelopments

The Art Renewal

60 minutes - \$120

Aiming to provide a complete body renewal that targets water retention, cellulite and poor circulation. Started with body exfoliation to boost circulation and stimulate the detoxification process. This body wrap contains natural extracts of Sage, Cypress and Juniper used for their anti-inflammatory, skin brightening and purifying properties.

Nutrient-Rich Clay Mask

60 minutes - \$120

An antioxidant rich therapy introducing natural extracts to deep cleanse and hydrate. Beginning with smoothing body polish followed by a skin brightening and freshwater clay body wrap.



Express Spa Rituals

Coconut Hair Wrap

30 minutes - \$80

Warm locally sourced coconut oil which is applied to the hair and scalp incorporated with a relaxing pressure point head and upper back and shoulders massage. A perfect treat after a day in the sea. Expect a soft, shiny and silky appearance with a tropical scent of coconut.

The Wanderer's Revival

30 minutes - \$80

Designed to rejuvenate the weary traveler, this journey creates the perfect balance of relaxation and revitalization. Relieving tension and water retention with foot therapy to boost circulation. This uplifting therapy prepares you to explore our island paradise.

Healing Express Facial

30 minutes - \$80

An express facial including cleansing, exfoliation and hydration. This is the perfect addition to your favourite massage for that extra touch.

Strain Reliever

30 minutes - \$80

Let yourself drift into relaxation as this massage takes off those tensions from your shoulders and back. An ideal treatment after the long journey to your Maldivian haven.



Ayurvedic Treatments



Ayurveda, an ancient holistic healing approach known for its balancing and rejuvenating effects.

Shirodhara

60 minutes - \$150

Based on the ancient teaching of Ayurvedic medicine, soothing herbal oil flows in a continuous stream on the “third eye” (forehead) to lull your senses into a deep ocean of calm. The therapy improves mental clarity, while relaxing the whole body. Treatment is ideal for those seeking relief from insomnia, jet lag or mental stress.

Kati Basti (Intensive Back Relief)

75 minutes - \$159

Created as a complete renewal for the body, this treatment combines a stress relieving back massage with an Ayurvedic back relief therapy (Kati Basti) to awaken the body, heart and soul. Warm medicated oil is gently dripped on the lower back to form a warm reservoir followed by an application of hot compress infused with 7 warm herbs. While relieving muscle tension, this helps to lubricate connective tissues, keeping them flexible. Treatment is recommended to relieve lower back pain.

Marma Abhyanga Massage, Ayurvedic Body Oil Therapy

60 minutes - \$120

90 minutes \$170

Special herb infused Ayurvedic oils are slowly warmed up and gently massaged into the skin. This massage is deeply relaxing, harmonizes, detoxifies, strengthens and revitalizes the entire body. This massage also improves lymph flow and stimulates the immune system. It simultaneously calms and strengthens the nervous system. In this way Abhyanga is a protector, preserver and rejuvenator.

Ayurvedic Journey

90 minutes - \$180

This journey is followed by Shirodhara healing technique and blended into Marma Abhyanga massage known as the mother of all massages. Involves the liberal use of warmed herbal oils and a sophisticated ancient treatment style designed to balance body and mind. Excellent to reduce stress and re-energize.



Kids Spa Rituals

Junior Glow

30 minutes - \$60

A refreshing gentle scrub to energize the body and nourish the skin.

Balancing Facial

30 minutes - \$60

Gentle facial enriched with Neroli essence to balance oil secretion and infuse the skin with soothing and hydrating benefits.

Soft & Tender Massage

30 minutes - \$55
60 minutes - \$100

Nurturing massage suitable for kids, providing a positive experience that stimulates motor and cognitive development, reduces anxiety and improves the body's immune system.



Sun Sparkles

Nailed It

Deluxe Spa Manicure

soak/scrub/cut/shape/polish

60 minutes - \$75

Deluxe Spa Pedicure

soak/scrub/cut/shape/polish

60 minutes - \$75

Mani or Pedi with French Polish

60 minutes - \$75

Express Manicure

30 minutes - \$40

Express Pedicure

30 minutes - \$40

Made to Measure

Customize your Spa experience by consulting our Sun Spa Concierge. Allow us to pamper you in this custom-made Spa journey.

Day Packages

Relaxation Package

3 Days

- Day 1 ● Choice of 45 minutes body scrub
- Day 2 ● Choice of 60 minutes full body massage
- Day 3 ● Choice of 60 minutes facial

~~\$370~~
\$315

Vitality Package

5 Days

- Day 1 ● Choice of 45 minutes body scrub
- Day 2 ● Choice of 60 minutes full body massage
- Day 3 ● Choice of 60 minutes facial
- Day 4 ● Choice of 60 minutes full body massage
- Day 5 ● Choice of 60 minutes facial

~~\$680~~
\$579

Tranquil Package

4 Days

- Day 1 ● Choice of 60 minutes full body massage
- Day 2 ● Personalized Hatha Yoga
- Day 3 ● Yoga Nidra
- Day 4 ● Sound healing meditation

~~\$385~~
\$329

Pampering Package

7 Days

- Day 1 ● Choice of 45 minutes body scrub
- Day 2 ● Choice of 60 minutes full body massage
- Day 3 ● Personalized Hatha Yoga
- Day 4 ● 60 minutes Hot stone full body massage
- Day 5 ● Choice of 60 minutes facial
- Day 6 ● Choice of Manicure or Pedicure
- Day 7 ● Choice of 60 minutes full body massage or facial

~~\$740~~
\$629

Prices are subject to 10% service charge and 16% government tax.

Sun Spa Etiquette

Arrival time

Please arrive at the Spa Reception 15-minutes prior to your scheduled appointment. Arriving late will reduce the treatment time.

Cancellation policy

Treatment room and therapist are especially reserved for you, therefore if you cancel your appointment less than 4-hours before appointment time, a cancellation fee of 50% of the reserved treatment price will incur. Full charge will apply for last minute cancellation and no show.

Payment

The Spa only accepts payment through room charge. Payment with cash or credit card will not be acceptable. 20% surcharge will apply for in-villa spa treatments.

Refund policy

Spa treatments are non-refundable, non-transferable and non-exchangeable unless otherwise stated.

Spa protocol

To keep the ambience and respect other guests at the Spa, kindly turn mobile phones and other electronic devices to silent mode and any noise to be kept to a minimum. Younger guest under 16 years old should be attended by legal guardian who are requested to assist in keeping the serenity. Spa is a non-smoking area and no alcoholic beverage is allowed at the Spa.

Kids spa

Spa treatments are available for younger guests from 6 -14 years of age.

Health conditions

Before taking any Spa treatments, please consult with your health practitioner if you have any medical conditions which maybe contra-indicative to our treatments. Guests are required to fill in a Consultation Form before treatment to assist in providing more information to enable guest in obtaining maximum benefit after treatment.

Contact lenses

It is recommended to remove the contact lenses for a facial treatment. Kindly bring your own contact lenses case and solution.

Jewelry and valuables

It is not recommended to wear jewelry during your Spa treatment. Jewelry and valuables can be kept in the jewelry box available in the treatment room during treatment. The Management does not accept responsibility for the loss of any jewelry and/or valuables brought into the Spa.

Accidents and injuries




The Spa, its staff, management, affiliations and owning company will not be liable for any injury or damage suffered at the Spa by an individual guest and/or guest's family member.



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