



INAYA
PUTRI BALI
NUSA DUA

Recreational Daily Activities

Day	7 : 00	11 : 00 - 11 : 45	11 : 45 - 12 : 30	16 : 00 - 17 : 00
	Energizing	Main Pool	Pool Games	Beach Games
Monday	Yoga for Beginner	Water Exercise	Pool Games	Beach Soccer
Tuesday	Morning Stretching	Water Exercise	Pool Games	Beach Volley Ball
Wednesday	Yoga for Beginner	Water Exercise	Pool Games	Beach Soccer
Thursday	Beach Walk	Water Exercise	Pool Games	Beach Volley Ball
Friday	Yoga for Beginner	Water Exercise	Pool Games	Beach Soccer
Saturday	Power Walk	Water Exercise	Pool Games	Beach Volley Ball
Sunday	Morning Stretching	Water Exercise	Pool Games	Beach Soccer

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