

Daily Activities
November 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:30 -08:30	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion		**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion
10:00 -11:00	** PAPER-MAKING WORKSHOP (complimentary, Maximum 4 guests) at Activity Centre				** PAPER-MAKING WORKSHOP (complimentary, Maximum 4 guests) at Activity Centre		
10:45 -11:30	(c	** SPA WORKSHOP-THAI STRETCHING LESSON complimentary) Max. 4 guest at Devarana Sanctuary	s (c	** SPA WORKSHOP-THAI STRETCHING LESSON complimentary) Max. 4 gues at Devarana Sanctuary	ts	(c	** SPA WORKSHOP-THAI STRETCHING LESSON complimentary) Max. 4 guests at Devarana Sanctuary
11:30 - 12:30	** PRANAYAMA (BREAT SESSION (complimentary) Max. 4 guests at Activity C		** PRANAYAMA (BREATHING) SESSION (complimentary) Max. 4 guests at Activity Centre		** PRANAYAMA (BREATHING) SESSION (complimentary) Max. 4 guests at Activity Centre	<b>3</b>	
14.30-15.30	** BEHIND THE SCENES  TOUR (complimentary)  Max. 6 guests Meeting point at  Activity Centre		** NATURE WALK (complimentary)Max. 4 guests Meeting point at Activity Centre	** BEHIND THE SCENES TOUR (complimentary) Max. 6 guests Meeting point at Activity Centre	** NATURE WALK (complimentary)Max. 4 guests Meeting point at Activity Centre	** BEHIND THE SCENES TOUR (complimentary) Max. 6 guests Meeting point at Activity Centre	
17:00 - 18:00	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Stretching with Dimu (complimentary) Maximum is 6 pax at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion	**Yoga (complimentary, Maximum is 6 pax) at Yoga Pavilion
17:30 - 18:30	Badminton Fun at Badminton Court			Badminton Fun at Badminton Court		Badminton Fun at Badminton Court	
		** Sunset Cruise with Dusit Safeeru (Cultural Ambassador) at 18:00				** Tales of Maldives with Dusit Safeeru (Cultural Ambassador) Sand bar at 18.30	** Sunset Cruise with  Dusit Safeeru  (Cultural Ambassador)  at 18:00

- · Please note that activity requires 24 hours advance reservation.
- · If you wish to book any activity, please inform your butler or a member of the Recreation Team. · If you would like to cancel your reservation, please do by 17:00 hrs the day before.
- · Cancellations requested after this time will incur a 50% charge.

- · Any activity with the \*\* symbol is a bookable activity and will have limited space.
- · No shows will incur a 100% charge.

## Chargeable and Bookable Activities

USD 50++ per person per session | USD 25++ per kid per session ( aged 12 yrs and below ) Private Yoga

Meditation Class USD 50++ per person per session

USD 50++ per person per session Pranayama Yoga Tennis hitting partner \$ 65++ per person per hour