



SPA AQUA

IMMERSE AND RENEW

Cancun, Mexico | www.spaaqua.net

MENU



SPA AQUA MENU

Renew your spirit, liberate your senses.

Let us Welcome you in the **Spa Aqua**
for a relaxing treatment or to experience
a full day of bliss.

Schedule

Spa Aqua Facilities are open daily from 8 a.m. to 9 p.m.
Rituals and therapies are available daily from 9 a.m. to 9 p.m.

Contact

Reservation please call 52 998 881 76 00 Ext. 7620.

Aqua Spa Admissions

Spa facility admission for guests 1 day \$ 260.00 M.N.
Admission Aqua for 7 visits \$ 1300.00 M.N.
Tax included
Prices in Mexican pesos
Spa services are not part for the all-inclusive plan
Only 16+ year old adults
Prices per person

Our Facilities

Sauna
Eucalyptus inhalation
Crystal steam room
Lockers area (day use)
Jacuzzi
Pressure shower
Hydroreflexology
Temperature contrast lagoon

Services

Towels
Bathrobe and sandals
Spa amenities
Chlorophyl water and Tea
Aromatherapy cold facial towels
Personal care amenities



Harmony hydrotherapy

Essential for the being. Essential for transformation.

Hydrotherapy ritual (40 - 60 minutes)

Included with most rituals and treatments.

A ritual leading to Harmony.

The magic of water in your body will invite your spirit to reach your true being. Your journey will take you through a range of contrasting sensations that yield a calming feeling of convergence.

Begin with a warm, revitalizing shower, clear your mind and awake your senses with an invigorating herbal steam treatment, energizing sauna, or eucalyptus inhalation therapy. Alternate heat sequences in our pressurized shower or slip into a temperature-controlled plunge pool. Relax with the pulsating jets of the Jacuzzi or stimulating hydroreflexology.

Complete your ritual by returning to the pressure shower for a final cleansing and rest for a few moments. Linger in the stillness and sip a warm Fruit tea or a cool Chlorophyll and Roselle infusion. Sink into the comfort and softness of your bathrobe. Feel every breath, listen to Aqua music... Your ritual has begun.

Swedish massage

(50 minutes) \$1430.00 MN

A classical massage that combines soft muscle manipulation with the use of selected essential oils. You will experience pleasure and well-being as the flexibility and circulation in your body improve, creating immediate renewal. The ideal treatment for perceivable relaxation.

Candles massage (50 minutes) \$1430.00 MN

Enjoy a unique experience of total relaxation with soy wax, natural oils and essentials. Nature provides with protective, hydrating and enriched elements that when melting provide a warm and soft oil at the perfect temperature. The aroma will capture your attention and sharpen your senses.

Indian magic (50 minutes) \$1430.00 MN

The ancient traditions of India consider massages essential for maintaining physical and spiritual health, since they balance the harmony between soul and body.

Massage cotton oil has been enriched with essential nutmeg oil to improve circulation and bestow energy during the treatment. Rediscover your energized self; feel the new light.



Four hands fusion (50 minutes) \$2080.00 MN

The curing power of touch is an ancient mystery as old as the world itself. During this unique and unparalleled treatment, two therapists will join together in perfect harmony to provide a soothing massage that will immerse you in a sublime state of peace and relaxation. It is a deep connection when your soul is touched by four healing hands at the same time.

Soffio D' Polinesia (50 minutes) \$1430.00 MN

Monoi, a symbol of the Tahitian people, is the perfect blend of two natural elements – the Tiare flower and coconut oil – both known for their hydrating properties. Monoi massage oil has been enriched with ylang ylang to stimulate blood circulation. Its intense floral aroma instills a sense of calmness and relaxation during the massage. Your balance will be restored and your inner self will be refreshed and renewed.

Sensations massage fusion (80 minutes) \$1950.00 MN

Hands healing power arises a mystery of real dimensions: sensation of wellness and pleasure through aromatherapy, that combines ancient healing techniques for body and soul like Swedish, acupressure, stretching and lomi-lomi massages. Feel beyond reality.

Balance rituals A pause, a period of time to reach your origins.

Mayan secret (80 Minutes) \$1950.00 MN

Since the beginning of time, many cultures used the healing power of stones for spiritual balance and restoration. Mayans thought that stones were filled with energy and vitality when water gently flowed through them. On this premise we created a treatment that melts the healing power of stones with essential oils of the region. During this massage, stones start to balance your energy points eliminating stress and harmonizing your body.

Revitalizing rituals Explore the exotic. Reconnect with the vastness of Earth.

Samumpray (50 minutes) \$1560.00 MN

Traditional Therapy of Thailand. This ritual relieves from tension and muscle pain through soft movements of a warm compress of exotic herbs like ginger, lavender, bay leaf, tamarind leaf producing a very pleasant and relaxing sense of warm and wellness. Therapy is completed with a massage based on Far East essential oils.





Shirodhara (50 Minutes) \$1430.00 MN

Ayurveda Therapy that involves stimulating the frontal chakra, known as the third eye, through the soft flow of warm apricot oil and a relaxing head and skull massage. This ritual includes a foot massage that balances body and soul. The sedative and peaceful sensations provide a therapeutic effect on the central nervous system.

Purification rituals Personal Sanctuary Retreat. A place where everything else falls away

Aquamarine exfoliation (30 minutes) \$ 845.00 MN

This delightful exfoliation will help you recover the luxuriance and softness of your skin with an energizing and invigorating effect on the bloodstream. The treatment ends with a touch of sea breeze directed toward your feet, which balances the body, mind and soul. It is relaxing and calming and has a therapeutic effect on the central nervous system. Feel the restorative properties of water.

Honey scrub (30 minutes) \$ 845.00 MN

Indulge in this exotic body scrub made with 100% natural honey. Crystallized drops of honey tenderly exfoliate your skin, removing accumulated dead skin cells from the surface. With a touch of water, the crystals melt on your skin and turn into a luxurious massage cream. Finally, the skin is further hydrated with an application of highly nutritive vitamin C body cream.

Tropical exfoliation mango - passion fruit

(30 Minutes) \$845.00 MN

Enjoy a passion fruit and mango aromatherapy experience, while anti aging foam is applied, eliminating dead cells and toxins on your skin, making it smoother and mineralizing the energy of your skin.

Coffee ritual (80 minutes) \$1950.00 MN

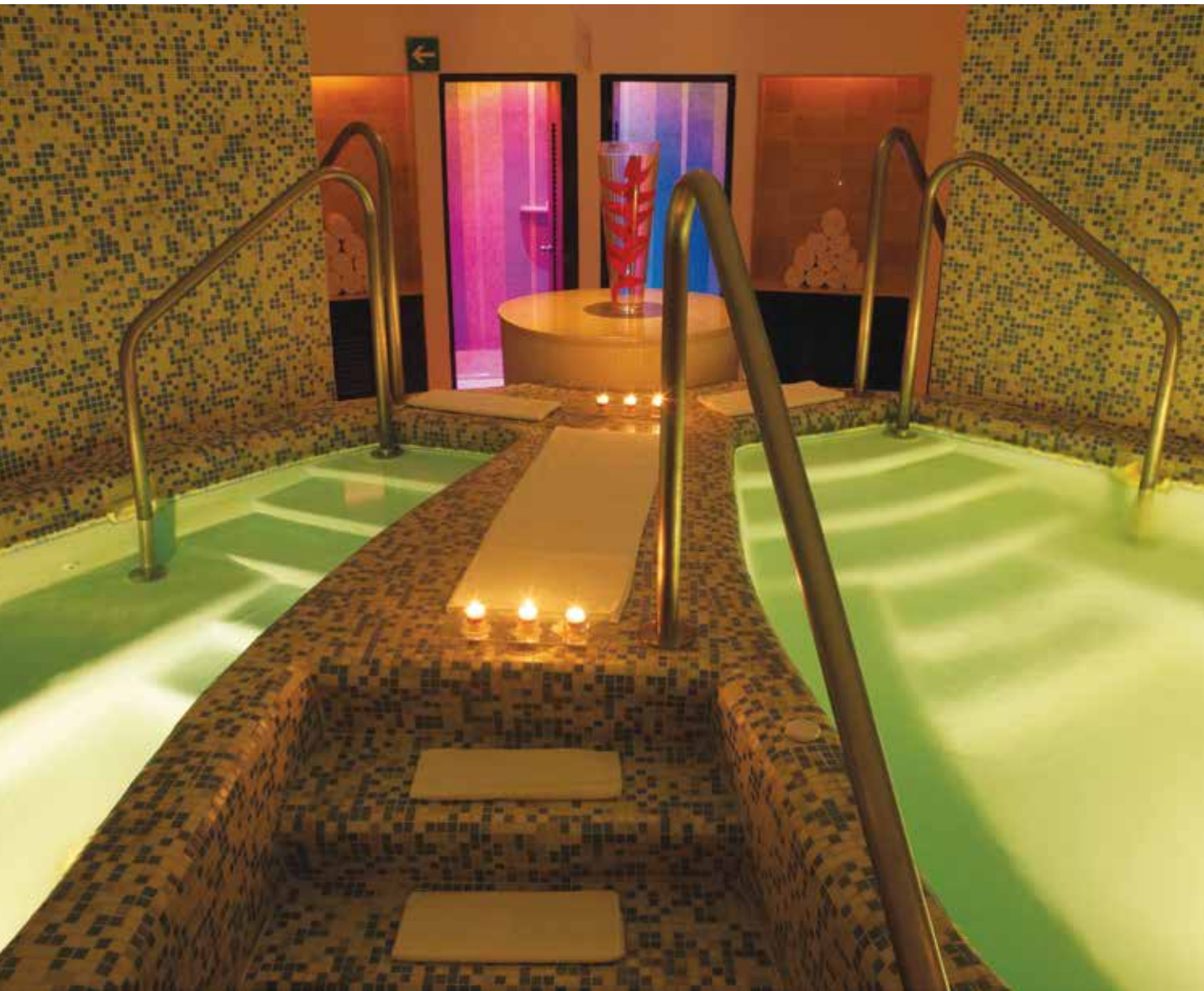
The treatment begins with a fresh exfoliation that removes dead skin cells and increases circulation. Next is a body wrap with coffee and seaweed extracts. To seal the treatment, enjoy an application of a delightful and aromatic jasmine lotion, or relax with an invigorating massage with essential oils that is sure to renew your spirit.

Coconut - chocolate wrap (80 minutes) \$1950.00 MN

Cacao is a traditional seed from the Yucatan Peninsula known for years to promote the feeling of happiness. Thanks to its high serotonin content, it is the ultimate natural anti-stress and anti-depression secret element. This wrap liberates the endorphins capable of activating the body's natural system that eliminates fat tissue. It's a healthy and smart way to enjoy chocolate. You'll take great pleasure in enjoying this guilt-free indulgence.

Real thermal water wrap (80 minutes) \$1950.00 MN

We proudly offer you Natural Formulas by Thermae. This is the perfect treatment for men and women alike-soft and inviting, with textures and fragrances that instill emotions.



This is a complete treatment for Face & Body as it regenerates and purifies the skin. The textures will delight your senses and the fragrances will evoke the soft aroma of a stream winding through the woods. Recommended for all skin types and for all ages. Rebirth in beauty, well being and pleasure with a Real Thermal Water Treatment.

Clay - massage of the deep sea (50 minutes) \$1560.00 MN

Receive a soft massage with Sea extracts to wrap you with a mix of salt crystals and marine mud. Rich on slimming properties, vitamins, fitoenzymes and oligoelements that eliminate toxins for a softer and younger skin. Submerge in sea water to recover your energy and shape your body.

Rejuvenating Rituals Show off your inner beauty. Pamper yourself with our options.

Moisturizing facial (50 minutes). \$1430.00 MN

This treatment is ideal for dry and dehydrated skin. This facial will moisturize and tone your skin, making it more compact, bright and elastic. Its active elements will make your skin younger, healthier and radiant.

Mini facial (25 Minutes \$ 910.00 MN

From the Earth flows the water and from the water, flows the soul. This Mini Facial originally from Tuscany, cleans and moisturizes your skin. Grab one of the natural elements that will improve your circulation, making your skin smoother. Recommended before make up.

Mens sports facial (50 Minutes) \$1430.00 MN

Counteract the process of premature aging with this deluxe treatment made of Caviar “anti-aging alternative”. Offers a deep moisturizing, clearly erasing skin wrinkles. This treatment was specially designed for gentlemen with an active life.

Caviar deluxe facial (80 Minutes) \$ 2535.00 MN

Stop time in your hands with this intensive treatment for middle-aged skin. Provides a powerful mix of restoring elements against ageing: 100% Pure Caviar with Perl Dust, collagen and elastin that smooth and relaxes skin.





Sensitive skin facial (50 minutes) 1560.00 MN

This powerful treatment combines healing ingredients to renew and give visual benefits against dilation and capillary congestion. Epidermis irritation dramatically decreases as a result of a desensibilization treatment. A light exfoliation is followed by a lymphatic tissue massage with Green tea. The treatment combines powerful relaxation agents that give a highly important solution to hypersensitivity. Feel, open your mind, balance.

Aqua Rituals Free your mind. Lose yourself in ecstasy.

The dream (50 minutes).1625.00 MN

Let your senses renew your soul. The latest technique against stress, relieves from pain and activates imagination. Improves blood steam, increases immune system and the general sense of wellness. Enjoy the color, music and aromatherapy of lavender, orange and tangerine. Includes a 25 minute back massage.

Milk bath (30 minutes) \$ 910.00 MN

Ancient beauty treatment used by Cleopatra, whose beauty confirm its benefits. Based on a milk protein concentration. Rejuvenating and nutritional treatment.

Personalized training (60 minutes) 975.00 MN

Customized session according to your needs, your level and objectives. Previous reservation required.





SPA AQUA BASIC INFORMATION

Who will help me select my treatments?

A Spa Aqua receptionist will assist you in selecting treatments and will recommend the best sequence for your services.

What if I have health concerns?

When you make your reservation please notify us of any health conditions. At the time of your appointment, you will also be asked to complete a required medical questionnaire

May I request a male or female therapist?

Yes, please let us know your preference when you schedule your appointment. We will do our best to fulfill your needs. While we can't guarantee the availability of both male and female therapists at all times, we can promise that every member or our staff is professionally trained in protecting your discretion.

Should I wear underwear?

The Spa will provide you with disposable clothing for body treatments.

Where should I leave my valuables?

Please place them in the safety box in your room or in the safe at the front desk. Any items you forget to remove can be kept inside your locker or bathrobe pocket. Spa Aqua is not responsible for lost or forgotten items.

What if I'm late?

You will be asked to sign a waiver agreeing to receive the remaining time on your service. Depending on the treatment, a late arrival may be considered as "no show" or cancellation. If possible, please call ahead if you know you're going to be late.

When should I arrive?

Earlier is always better. We recommend that you arrive at least 30 minutes prior to your appointment. This will give you plenty of time to check in, get your locker assignment, slip into your bathrobe, and relax in the lounge. As part of your service, you may also enjoy a wellness hydrotherapy ritual prior to your treatment. If you'd like to indulge in this added bliss, please arrive up to 60 minutes ahead of time.

What if I forget?

Missed appointments will be billed to your account along with an additional 50% service charge. If you need to reschedule due to illness, a medical waiver will be required.

What is the cancellation policy?

In order to receive a full reimbursement, cancellations must be made by 5 p.m. on the day before your scheduled appointment. After this period, you may only reschedule based upon availability. Reservations may only be rescheduled a minimum of 4 hours prior to the original time. An additional 50% service charge is added for last minute rescheduling.

Which additional recommendations are important?

We recommend to use swimming suit or shorts at hydrotherapy area and sandals. Aqua Spa can provide you with sandals of your size.

What about tips?

Additional gratifications are totally at your discretion.

How many time in advance should I make my reservation?

If you wish to fully enjoy our hydrotherapy facilities we recommend one hour in advance before your treatment. To welcome you and provide you with sandals, bathrobe and locker, the minimum period of time previous to your program is 30 minutes.

Which form of payments are available?

Guests of Aqua hotel can charge their treatments to their room or pay in cash. External guests will have to book and pay their treatments in cash or credit card.

Are there any cautions to follow?

It is not advisable to have our treatments with full stomach, alcohol influence, exercise, and jacuzzi, sauna or heat treatments. Do not shave your legs before a body exfoliation and avoid sunburns that could stop you from enjoying your Spa treatments.

IMPORTANT SPA POLICIES

Smoke and food is not allowed in AQUA SPA. For reasons of safety and health, treatment will not occur under the influence of alcohol or drugs. It is not allowed to walk barefoot in our SPA, and the entrance of 16 year old children. It is not allowed the use of cell phones.

RENEW YOUR SPIRIT, LIBERATE YOUR SENSES.

Yearn for your inside silence, find it, feel it.

Let your senses renovate your soul.
Feel. Transform. Welcome harmony.
Free your mind...

Address your emotions to a memorable inside experience.
Submerge yourself in a world of sensations where imagination and beauty welcome you.

Discover your essence while your body is restored.
Renew your body and soul in Spa Aqua.

Spa Aqua Philosophy. Live our aromatic rituals and ceremonies that will restore your soul through our synergy of therapies.

IMMERSE & RENEW.

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Guests can contact YOUR WISH-MY WISH

www.spaaqua.com



Save the paper
Save the trees
Save the world