



# ESCARGOTS À LA BOURGUIGNONNE

Tender snails, melted garlic-herb and cognac butter

#### SOUPE À L'OIGNON

Caramelized onions, rich beef broth, melted Gruyère toast

# COQUILLES ST. JACQUES 🔻

Pan-seared sea scallops and chorizo, cauliflower purée, crispy pancetta, herb crumble

# SALADE DE MAISON 🆫 💙

Seasonal local greens, roasted beet root, goat cheese, asparagus, candied nuts, sherry-mustard vinaigrette dressing

# SALADE NIÇOISE DÉCOMPOSÉE 🔻

Organic mixed greens, slices of pink seared yellowfin tuna, potato, haricot verts, cherry tomato, egg, anchovy, kalamata olives, romesco sauce

### FOIE GRAS POÊLÉ

Pan-seared duck liver, caramelized grilled pear, toasted brioche, port wine drizzle

# CAMEMBERT FRIT

Green leaves, sweet and sour raspberry dressing







Balanced Lifestyle These dishes offer healthier preparations and lower calorie counts



Gluten Free Please consult your server on which dishes can be prepared gluten-free



Lactose Free Please consult your server on which dishes can be prepared lactose-free

 ${\sf Please}\ inform\ your\ server\ if\ you\ have\ any\ food\ allergies\ or\ special\ dietary\ requirements.$ Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.



Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: JP Tropical Foods LTD. • Bamboo Farms • Al Golaub and Sons  $\cdot$  Lasgro Hydroponics  $\cdot$  Advance Farms  $\cdot$  Valley Fruits LTD.  $\cdot$ Good Hope Country House





### POULET CORDON BLEU

Ham and cheese filled breaded breast of chicken, rice pilaf, seasonal vegetables, lingonberry relish

## BOUILLABAISSE 👺

Prawns, mussels, squid, scallops, grilled fennel, leeks, potatoes, saffron fish fumet, garlic rouille

## CARRÉ D'AGNEAU

Herb crusted rack of lamb, haricots verts, mashed potatoes, red wine-thyme reduction

# CANARD BIGARADE 🔻

Pink roasted Maple Leaf Farms duck breast, pommes William, market vegetables, orange-scented duck jus reduction

### CREVETTES AU BEURRE À L'AIL

Grilled jumbo prawns, steamed broccoli, saffron rice, garlic-herb butter sauce

## FILET DE SOLE MEUNIÈRE

Pan-seared sole fillet, market vegetables, parsley potatoes, lemon beurre blanc, fried caper sauce

# CHÂTEAUBRIAND

Hand-carved filet of beef tenderloin, green asparagus, gratin dauphinois, creamy peppercorn sauce

### GRATIN DE CRÊPES AUX ARTICHAUTS

Savory artichoke-filled crêpes, baked with Gruyère cheese, Mascarpone reduction



## TARTE AU CITRON

Caramelized lemon cream, shortbread crumble, Chantilly cream

# CRÈME BRÛLÉE

Baked soft custard, sugared caramel, fresh fruits, brandy snap crisp

# MOUSSE AU CHOCOLAT

Layered chocolate mousse, chocolate cake, caramel sea salt sauce

# POMMES CARAMÉLISÉES

Baked parcel of caramelized apples, Calvados and nutmeg sabayon











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