

# Barefoot

By the Sea

**SET ON SPECTACULAR LOCATIONS** on the soft white sands of some of the Caribbean's best beaches, Barefoot by the Sea's charm and ambience is unmatched. Here, you'll dine on the freshest seafood fare available.

## GREEK SALAD

Romaine lettuce, tomato, cucumber, onions, peppers, olives, feta cheese, pita crisps, herb vinaigrette  
–available with a grilled shrimp brochette 🌿 ♡

## CAESAR SALAD

Plain, shrimp or chicken, herb croutons, Parmesan cheese, Caesar dressing 🌿 ♡

## HOUSE-MADE HUMMUS

Lemon-paprika oil, pita crisps, marinated olives 🌿 ♡

## COBB SALAD

Mixed greens, blue cheese, tomato, turkey, egg, bacon, avocado, ranch or blue cheese dressing ♡

*The following entrées are served with your choice of fries and/or coleslaw.*

## SWEET CHILI CHICKEN BITES

Crispy fried chicken breast, sweet chili sauce, shaved green onions

## SHRIMP ROLL

Toasted bread roll, fried shrimp, celery-cabbage slaw, spicy rémoulade

## HAM & CHEESE PANINI

Pineapple chutney, spicy mustard

## JERK PORK

Hellfire or mild jerk sauce, festival, coleslaw

## JERK CHICKEN

Hellfire or mild jerk sauce, festival, coleslaw

## FISH SANDWICH

Breaded fish fillet, tartar sauce

## CLASSIC BEEF BURGER

Sautéed onions, bacon, choice of Swiss, American or Provolone cheese

## GRILLED VEGETABLE WRAP

Garlic tomato spread, roasted red pepper coulis 🌿

🌿 Vegetarian

♡ Balanced Lifestyle  
*These dishes offer  
healthier preparations  
and lower calorie counts*

🌿 Gluten Free  
*Please consult your server  
on which dishes can be  
prepared gluten-free*

🌿 Lactose Free  
*Please consult your server  
on which dishes can be  
prepared lactose-free*

\*Please inform your server if you have any food allergies or special dietary requirements.  
Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

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## APPETIZERS

### LOBSTER BISQUE

Croutons, lemon crème fraîche

### SEAFOOD RILLETTES

Smoked seafood spread  
(salmon-marlin-trout), garlic crostini

### CAESAR SALAD

Crisp Romaine lettuce, garlic herb dressing,  
croutons, Parmesan cheese

### BEEFSTEAK TOMATOES

Blue cheese crumbles, shaved purple onion,  
buttermilk dressing

### GOLDEN FRIED CALAMARI

Garlic aioli

### FISH & SEAFOOD SALAD

Whitefish, shrimp, scallops, squid, papaya,  
red onion, peppers, cilantro, lime

## ENTRÉES

### BLACKENED SALMON FILET

Buttered broccoli, Creole sauce,  
charred corn, steamed rice

### CHARGRILLED CHICKEN BREAST

Root vegetable-bacon-lentil stew, jus

### CHORIZO & REEF SHRIMP KEBAB

*Signature Dish*

Chef's vegetable, roasted potato, salsa verde

### SURF & TURF

Chargrilled Boston cut Striploin steak and  
broiled lobster tail, herb garlic butter,  
sautéed vegetables, mashed potatoes

### VEGETABLE ALFREDO

Penne pasta, broccoli, bell pepper,  
mushrooms, green peas, garlic cream, truffle oil

## SEAFOOD YOUR WAY

### SEAFOOD

Grilled swordfish steak  
Pan-fried Mahi Mahi fillet  
Seared tuna steak

### ACCOMPANIMENTS

Mashed Potato  
Steamed Jasmine Rice  
Lentil Stew  
Roasted Potatoes  
Chef's Choice of Vegetables

### SAUCES

Teriyaki Glaze  
Sauce Provençal  
Lemon-Caper Beurre Blanc  
Lemongrass-Coconut  
Cream Sauce

## DESSERTS

### SEASONAL FRUITS

Seasonal fruits, coconut ice cream


### NUT SLICE


White chocolate cream,  
caramel sauce


### CHOCOLATE CAKE

Vanilla sauce, strawberry compote

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