



In Villa Dining A La Carte Breakfast

Our chefs have created a wide selection of dishes to be served in the privacy and comfort of your villa, your garden or your beachfront table. Please let us know your dining area preference when placing your order with your host

To place your order please press the 'In Villa Dining' button on your telephone or alternatively you can reach us by dialing In Villa Dining on EXT: 3270. Our aim is to have your order delivered to you within 45 minutes.

Should you have any specific dietary requirements, dish preferences or would like some advice on the menu, our chef will be happy to assist you. You may reach him by dialing EXT: 2501

Restaurants Against Hunger

Soneva Fushi is proud to participate in the Restaurants Against Hunger Fund. For every main course you order we donate 50 cents towards the fund. All the money raised goes to support programs around the world which fight to rid the world of hunger and malnutrition.

Plant-Based Breakfast Menu

A La Carte

Fresh Smoothies and Juices	19
Plant-Based Milk <i>Soy, Almond, Oats, Rice</i>	12
Fresh Cut Fruit <i>Choice of Banana, Kiwi, Pineapple, Black Grapes, Green Grapes, Longan, Rambutan, Pomegranate, Grapefruit, Mango, Red Apple, Green Apple, Orange, Passion Fruit, Watermelon, Honey Melon, Papaya</i>	19
Baker's Basket <i>Brown Toast, Pastries, Assorted Bread Rolls, Maple Syrup, Home-made Jams and Preserves</i>	21
Cheese <i>Home-made Plant Based Cheese</i>	26
Sweet Coconut Pancakes <i>Choice of Jaggery, Cinnamon, Chocolate Chips, Caramalized Apple, Exotic Fruits, Maple Syrup, Icing Sugar, Honey, Chocolate Sauce</i>	22
Savory Buckwheat Pancakes <i>Avocado, Plant-Based Salami</i>	18
Avocado Toast <i>Lemon, Olive Oil, Black Pepper, Cherry Tomatoes</i>	20
Scrambled Tofu <i>Bean Curd, Mung Bean, Turmeric, Whole Wheat Toast, Sautéed Vegetables</i>	20

Healthy Bowl's

Vegan Smoothie Bowl <i>Frozen Banana, Medjool Dates, Almond Milk, Roasted Coconut Flakes, Dried Goji Berries</i>	23
Healthy Acai Cacao Bowl <i>Frozen Acai Berries, Frozen Banana, Coconut Milk, Cacao Nibs, Coconut Chips, Fresh Sliced Banana, Dried Goji Berries</i>	25
Berry Smoothie Bowl <i>Frozen Strawberries, Pineapple Chunks, Coconut Water, Frozen Acai Berries, Chia Seeds, Fresh Sliced Banana, Almond Flakes</i>	25

Plant-Based Children's Breakfast Menu

Continental Breakfast	55
Fresh Juice Selection	
Baker's Basket	
<i>Brown Toast, Bread Rolls, Danish, Maple Syrup, Home-made Preserves</i>	
Choice of Cereal	
<i>Wheat-Free Muesli, Berry Muesli, Dorset Muesli, All-Bran, Bran Flakes, Cornflakes, Coco Pops, Frosties, Rice Krispies, Oatmeal or Bircher Muesli</i>	
Hot or Cold Chocolate	
<i>With Plant-Based Milk of your Choice</i>	
Asian Breakfast	55
Rice Congee	
<i>Spring Onion, Ginger, Ground Pepper, Coriander</i>	
Miso Soup	
<i>Tofu and Steamed Rice</i>	
Green Tea	
<i>Lemongrass or Mint</i>	
Plant-Based Scrambled Eggs	18
<i>Bean Curd, Mung Bean, Turmeric, Whole Wheat Toast, Sautéed Vegetables</i>	

Junior Healthy Bowl's

Kids Vegan Smoothie Bowl	18
<i>Frozen Banana, Medjool Dates, Almond Milk, Roasted Coconut Flakes, Dried Goji Berries</i>	
Kids Healthy Acai Cacao Bowl	20
<i>Frozen Acai Berries, Frozen Banana, Coconut Milk, Cacao Nibs, Coconut Chips, Fresh Sliced Banana, Dried Goji Berries</i>	
Kids Berry Smoothie Bowl	20
<i>Frozen Strawberries, Pineapple Chunks, Coconut Water, Frozen Acai Berries, Chia Seeds, Fresh Sliced Banana, Almond Flakes</i>	

Junior Sweet Indulgence

Coconut Pancakes	12
<i>Naturally Sweetened Coconut Pancakes, Chocolate Sauce or Maple Syrup, Fresh Berries, Shredded Coconut</i>	
Overnight Oats	14
<i>Chocolate or Vanilla Almond Milk, Rolled Oats Layered with Fresh Banana, Peanut Butter, Organic Raw Chocolate Chips</i>	

In Villa Dining A La Carte Breakfast

We are delighted to set up your breakfast in the villa and cook on site.
Pre-order is advisable for your convenience.

Juices

Fruits	19	Vegetables	19
<i>Apple</i>		<i>Carrot</i>	
<i>Grapefruit</i>		<i>Celery</i>	
<i>Mango</i>		<i>Cucumber</i>	
<i>Melon</i>		<i>Tomato</i>	
<i>Mixed Fruit</i>			
<i>Orange</i>			
<i>Papaya</i>			
<i>Pineapple</i>			
<i>Watermelon</i>			

Dairy Products

We offer you a selection of different kinds of milk and yoghurts

Milk	6
<i>Goat's Milk</i>	
<i>Low Fat Milk</i>	
<i>Skimmed Milk</i>	
<i>Soy Low Fat Milk</i>	
<i>Rice Milk</i>	
<i>Almond Milk</i>	
<i>Lactose-Free Milk</i>	
<i>Free Range Full Cream Milk</i>	
Yoghurt	8
<i>Creamy</i>	
<i>Low Fat</i>	
<i>Plain</i>	
<i>Strawberry</i>	
<i>Honey & Walnut</i>	
Müesli	8
<i>Traditional Bircher</i>	
<i>Decadent Swiss</i>	
<i>Granola</i>	
<i>Organic Gluten-Free</i>	
<i>Dairy Free</i>	

Smoothies

Cool and Creamy, they are blended to order with Fresh Fruits and Juices.

Choice of Smoothy 19

Strawberry
Peach
Banana
Mango

Homemade Garden Tea

Choice of Teas 8

Ginger
Lemongrass
Mint

Freshly Cut Fruits

Choose your favourite fruits from our list.

Fruits 19

Bananas
Black Grape
Grapefruit
Green Grape
Green Apple
Honey Melon
Kiwi
Longan
Mango
Orange
Passion Fruit
Papaya
Pineapple
Pomegranate
Red Apple
Rambutan
Watermelon

• PRICE IS PER PLATE

Freshly Baked Baker's Basket

Choice of Pastries 21

Croissant
Pain Au Chocolate
Brown Toast
Danish Pastry
Assorted Bread Rolls with Butter, Honey and Home-Made Preserves

Home-Style Müesli and Cereals

Choice of Müesli and Cereals 12

Wheat-Free Müesli

Berry Müesli

Dorset Müesli

All-Bran

Bran Flakes

Cornflakes

Coco Pops

Frosties

Rice Krispies

Oatmeal

Bircher Müesli

Cold Cuts 26

Selection of Imported Cold Cuts, Pork and Non-Pork Products Available

Cheese 26

Selection of Hard and Soft Cheeses with Freshly Baked Bread

Eggs

Scrambled Eggs 23
Smoked Salmon and Crème Fraiche

Eggs ‘Benedict’ or ‘Florentine’ 23
*Two Poached Eggs with either Smoked Ham or Spinach
Gratin with Hollandaise on a Toasted English Muffin*

Traditional English Breakfast 23
*Two Eggs, any style, accompanied with Tomato, Mushrooms,
Fried Potatoes and Bacon*

Three Eggs Omelette 23
*Please choose from the following:
Ham, Bacon, Mushroom, Onion, Capsicum, Tomato, Chili,
Spring Onion, Cheddar Cheese*

Gourmet Additions: Shrimps, Prawns, Ibero Ham, or Smoked Salmon 9

Open Omelettes

Traditional Spanish 23
*Potatoes, Onions, Garlic, Capsicum, Tomatoes, Olives,
Olive Oil, Basil*

The Vegetarian One 23
*Onions, Garlic, Tomatoes, Potatoes, Spring Onions,
Sugar Snap Peas, Carrots, Spinach, Peppers, Organic Rocket*

The Nordic One 28
*Onions, Garlic, Spring Onions, Potatoes, Smoked Salmon,
Dill, Sour Cream*

Indian Scented 23
*Corn Fed Chicken Breast, Homemade Curry Powder, Onions,
Garlic, Tomatoes, Spring Onions, Peppers, Chili, Coriander*

Maldivian 23
*Local Yellow Fin Tuna, Onions, Garlic, Tomatoes,
Spring Onions, Chili*

Swiss 23
Potatoes, Emmental Cheese, Onions, Chives, Mushrooms

Garden Spinach 23
Gratinated and Served with Mustard-Potato Salad

Egg White 23
Sautéed Morning Glory and Whole Wheat Toast

Pancakes, Waffles and Crêpes

American Pancakes, Belgian Waffles or Crêpes 19
*Jaggery, Treacle Cinnamon, Prunes, Chocolate Chips,
Caramelised Apple or Exotic Fruits*

On The Side...
Maple Syrup, Icing Sugar, Honey or Chocolate Sauce

Children's Breakfast 23
*Choice of Hot or Cold Chocolate, Smoothie, Milkshake or Orange Juice
Two Eggs in any style
Toast with Jam and Butter
Chocolate Doughnut
Fresh Fruit Platter
Strawberry Yoghurt*

Freshly Squeezed Juices

Choose any from the À La Carte Selection

For Juice Cocktails or Spa Cocktails, please check our beverage List

Eggs

Eggs "Benedict"

Two Poached Eggs, Smoked Ham and Hollandaise Sauce on a Toasted English Muffin

Or

Three Eggs Omelette Filled with Ham, Mushrooms, Onions, Red Bell Pepper, Tomato, Cheese, Chili, Shrimps or Smoked Salmon

Or

Scrambled Egg with Smoked Salmon and Garlic Chives

Freshly Baked Baker's Basket

Croissants, Brown Toast, English Muffin, Assorted Bread Rolls served with Butter, Honey and Selected Home-Made Jams

Home-Style Müesli and Cereals

Choice of Müesli (Wheat-Free, Berry, Dorset or Bircher Müesli)

Choice of Cereals (All-Bran, Bran Flakes Rice Crisps or Oatmeal)

Hot Beverages

Freshly Brewed Coffee, Tea or Hot Chocolate

Continental Breakfast

65

Freshly Squeezed Juices

Choose any from the À La Carte Selection For Juice Cocktails or Spa Cocktails, please check our beverage List

Freshly Baked Baker's Basket

Croissant, Brown Toast, English Muffin, Assorted Bread Rolls with Butter, Honey and Selected Home-Made Jams

Home-Style Müesli and Cereals

*Choice of Müesli (Wheat-Free, Berry, Dorset or Bircher Müesli)
Choice of Cereals (All-Bran, Bran Flakes, Rice Crisps or Oatmeal)*

Continental Collection

*Choice of Italian Salami, Parma Ham, Smoked Ham, or Mortadella
Choice of Home-Made Plain, Blueberry or Strawberry Yoghurt,
Fresh Fruits and Cheese*

Hot Beverages

Freshly Brewed Coffee, Tea or Hot Chocolate

Asian Breakfast

55

Soups

Rice Congee with a choice of Minced Shrimps, Chicken, Pork or Fish, Chopped Spring Onion, Ginger, Ground Pepper and Fresh Coriander

Or

Miso Soup with Tofu and Steamed Rice

Or

Chicken Noodle Soup with Vegetables and Egg Noodles

Vegetables

Wok-Fried Freshly Picked Morning Glory with Oyster sauce

Eggs

Thai Omelette

Hot Beverages

Green Tea with Lemongrass or Mint

Ayurvedic Breakfast

61

(Prior Order is Advisable)

Vatta Breakfast

Shooter of Coconut Milk with Turmeric

Carrot and Ginger Juice

Freshly Cut Orange and Grapefruit

Hot Porridge with Banana, Apple and Pumpkin Seeds, Cinnamon and Honey

Ginger Tea

Pitta Breakfast

Shooter of Wheatgrass

Bowl of Broth with Bitter Greens and Dal

Freshly Cut Papaya and Mango

Small Muesli with Low Fat Yogurt, Apple and Shredded Coconut

Apple Tea

Kapha Breakfast

Shooter of Fresh Pomegranate Juice

Bitter Cocoa with Skimmed Milk

Corn Muffins and Buckwheat Pancakes with Butter and Maple Syrup

Stewed Apples, Pears and Berries (Compote)

Fenugreek Tea

Pre-Dive Breakfast

50

Please Consult the Breakfast Beverage Section

Fresh Fruit Smoothie or Freshly Squeezed Juices

Fresh Fruit Smoothie or Freshly Squeezed Juices

Freshly Cut Fruits À La Carte

Choose your favourite fruits from our list. Fruit may not be available due to the seasons. Your service host will inform you of any changes.

Bananas

Black Grape

Grapefruit

Green Apple

Green Grape

Honey Melon

Kiwi

Longan

Mango

Orange

Papaya

Passion Fruit

Pineapple

Pomegranate

Rambutan

Red Apple

Watermelon

Freshly Baked Baker's Basket

Croissant, Pain Au Chocolate, Brown Toast, English Muffin, Assorted Bread Rolls served with Butter, Honey and Selected Home-Made Jams

Or

Croissant Sandwich

Toasted and filled with Scrambled Eggs and Cheese

Hot Beverages

Freshly Brewed Coffee, Tea or Hot Chocolate

Healthy Breakfast at Fresh in the Garden

83

Healthy Breakfast

65

It's important to start the day right and there's no better way to do that than with a healthy breakfast. A proper balanced breakfast energises our mind and body by providing us with the nutrients and energy to start the day right. We have compiled a menu for you to choose.

Every Sunday and Thursday, prior booking is advisable.

Assorted Fruit and Vegetable Juices

*Beetroot
Cucumber
Carrot
Cabbage
Mango
Orange
Berry
Celery*

Our Special Healthy Müeslis

*Dairy Free
Low Fat Bircher Müesli
All Bran
Granola*

Selections of Milk

*Kefir Milk
Almond Milk
Rice Milk
Soy Milk*

Selections of Homemade Yoghurt

*Low Fat Yoghurt
Full Cream Yoghurt*

Selections of Assorted Fruit Purées

*Strawberry
Blueberry
Peach
Mango
Passionfruit*

Home Cured and Smoked Fishes

Organic Tasmanian Salmon

Ocean Trout

Local Reef Fish

Assorted Whole Wheat Bread and Croissants

Dipping of your Choice

Basil Pesto

Sundried Tomato Pesto

Capsicum Pesto

Leaf Corner

Homegrown Lettuce

Tomatoes

Capsicum

Cucumber

Carrot

Extra Virgin Olive Oil

Aged Balsamic Vinegar

Eggs À La Carte Options

Spanish Egg White Omelette with Capsicum, Tomatoes, Potatoes, Herbs

Or

Poached Egg with Smoked Salmon and Whole Wheat Toast, Olive Oil Sabayon

Or

Soufflé Omelette with Smoked Salmon and Sour Cream

Tea Selections

Black Teas

Royal Darjeeling 8

The King of Indian teas, this first flush boasts an elegant fragrance and a remarkable aroma of red berries, with a round and vibrant taste

Uva Highlands 8

A well-balanced blend of strength and flavour sets. This tea produces a beautiful golden infusion with an intense flavour, a bold afternoon tea

Lovers Leap Pekoe 8

With long and amber leaves, this harvest boasts a fruity and malt aroma. Let your imagination carry you away on an exotic journey to the Ceylon highlands

Nuwara Eliya 8

A black tea from the lofty hills of the celebrated island of Ceylon, this Orange Pekoe is renowned for its light and generous complexity

Kenilworth 8

A treat for the senses, these long, crisp, dark brown leaves with dazzling tawny tips yield a soft, woody aroma without astringency. A wonderful tea with subtle body and an exquisite flavour, perfect for breakfast or early afternoon tea

Assam 8

The rich golden-tipped leaves of this exclusive harvest infuse into a light yet full-bodied cup with undertones of green mango and sweet almond. A delightfully refined breakfast tea

English Earl Grey 8

A strong, traditional Earl Grey, this aromatic and full-bodied amber-coloured broken leaf black tea has a very full and dark savour

English Breakfast Tea 8

This classic was originally blended as an accompaniment to the traditional English breakfast. Very strong and full-bodied with light floral undertones, this broken leaf black tea is perfect with morning toast and marmalade

Tibetan Secret Tea 8
As dramatic and uplifting as the Himalayan plains, this remarkably delicate black tea is blended with sweet fruits and spicy overtones to soothe and revive the spirit

Miraculous Mandarin Tea 8
A rich black tea blended with the fresh tartness of orchard fruits and notes of delicate sweetness. A miraculous and youthful tea of delight

Blue Teas

Kwai Flower Superior 8
This semi-oxidised, large leaf blue tea delicately blended with the pollen of osmanthus blossoms gives a bright, golden yellow cup. Mild and subtle, it yields an incredibly aromatic fragrance of ripe Tuscan peaches

Matured Tea

Emperor 8
Recognized for its medicinal qualities, this matured tea yields a strong and earthy fragrance, with a warm taste of terroir. A perfect tea after a meal

Red Teas

Lemon Bush Tea 8
Red Tea with natural flavour extracts

Red Chocolate Tea 8
*Who says chocolate only comes in brown or white? Now it is red, too!
This red tea from South Africa is masterfully blended with dark chocolate*

Green Teas

Sencha Meicha 8
A majestic and noble tea from the Shizuoka region. This delicate, grassy tea conveys a sense of serenity that is characteristic of only the finest quality Japan green teas

Jasmine Mao Feng 8
From the pristine Fujian province of China, these elegant, pale green leaves infuse into a cup, emanating an intense and enchanting fragrance of sweet jasmines

Jasmine Queen Tea 8
Intoxicating jasmine flowers enhance the sparkling elegance of this delicately fashioned green tea

Crème Brûlée Tea 8
Green Tea
The Natural Green Tea Flavouring

Silver Moon Tea 8
A blend of green teas is accented with a grand berry and vanilla bouquet, suave, with just a hint of spice. A tea for that special moment

Polo Club Tea 8
Gather strength from this aromatic green tea which infuses into an emerald cup inflected with soft notes of sweetness

Specialty Teas

Please allow us approximately 15 minutes to prepare these teas for you

Bombay Tea 8
Traditional tea prepared with spices and milk

Choice of Organic Island Iced Tea from our Garden 8
Ginger, Mint, Lemongrass, Lime, Cardamom or Greens

Ayurvedic Loose Teas from Sri Lanka

Iramusu Tea <i>Blood purification and improves appetite</i>	8
Ranawara Tea <i>Energy tea which prevents tiredness and improves strength</i>	8
Neeramulliya Tea <i>Remedy against urinary toxicity, infection and oedema</i>	8
Polpala Tea <i>Improves kidney function by increasing filtration</i>	8

Ayurvedic Herbal Teas from Sri Lanka

Ayurvedic herbal teas condense the rejuvenating powers of nature into liquid form. Our all-natural, organically grown teas are blended to ancient Ayurvedic recipes and consist purely of natural herbs, roots and leaves

Ayur Immune <i>This tea relieves congestion, sore throats, headaches and other symptoms of the common cold. It also alleviates other respiratory disorders and strengthens the immune system by detoxifying the body</i>	8
Ayur Serene <i>Historically this ancient formula has been used to relieve stress, anxiety, paving the way to calming sleep</i>	8
Ayur Cleanse <i>Historically this ancient formula has been used to help your body efficiently cleanse itself of toxins and waste, gentle on your body</i>	8
Ayur Slim <i>This tea helps shed unwanted pounds by controlling excessive appetites, normalizing metabolism and aiding the natural process of cleansing. Aralu performs the laxative function, Bulu which is high in Fiber improves the metabolism and Nelli which is very high in Vitamin C helps the digestion</i>	8
Ayur Intellect <i>Ayur intellect energizes, stimulates and revitalizes brain functions and improves memory</i>	8

Ayur Breathe 8
This tea is ideal for asthma sufferers as it aids the body to breathe in freely and deeply

Herbal Infusions from Australia

Après 8
Chamomile, Peppermint, Spearmint, Aniseed, Fennel
A great tea to assist sleeping, allergies and colic. Appeals to those who love the taste of a high-quality chamomile and those that suffer insomnia, anxiety and general stress

Petal 8
Lemongrass, Rosehips, Lavender, Rose Petals, Red Clover, Chamomile
This tea will help calming anti stress, relaxing and soothing to entire body. A wonderful cleanser for the skin. Red clover, a major ingredient, is now claimed as an anti-cancer herb. Lavender is one of the greatest herbs for alleviating anxiety. Lemongrass appeals in flavour whilst chamomile and rose soothe the nerves.

Summer Delight 8
Lemongrass, spearmint, calendula, lemon thyme, free of caffeine and chemical additives. This tea will helps to heal disorders of the nervous system and assists in sinus and bronchial conditions. Lemon thyme is a great antiseptic, aiding in eliminating bacteria and assisting the airways to the lungs. Calendula is a wonderful herb as a cleanser for the circulation and spearmint relaxes the digestion

Triple E 8
Liquorice Root, Peppermint, Fennel
A great energy booster. Due to the pure liquorice root, this tea tempers an acid stomach and inflammation. A very naturally "sweet" tea. Loved by Asians and those that need to lose weight and calm the digestion

Lemon Tang 8
Lemongrass, Peppermint
A wonderful tea to take when you are feeling too hot or for a hangover. It also has a calming effect on mild nervousness. Lemon Tang acts as a diuretic, and therefore alleviates fluid retention and bad digestion

Coffee Selections

Eva's Espresso <i>A Perfect Balance between Espresso and Cappuccino</i>	6
Espresso	6
Cappuccino <i>Espresso, Hot Milk, Cacao</i>	8
Cafè Latte <i>Hot Milk Flavoured with a Shot of Espresso</i>	8
Hot Chocolate <i>Perfect Blend of Premium Cocoa</i>	7