# Mandara Spa at Hilton Bali Resort

Open 10am to 10pm

# Packaged by Mandara

**Pure Indulgence** 2 hrs 30 mins Rp. 1.800.000 Immerse yourself in the Spa experience with this indulgent treatment package. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

## Frangipani Body Glow

2 hrs Rp. 1.800.000 Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous ELEMIS Intensely Cleansing Salt Scrub — Lime and Ginger, massaged into the skin to slough away dryness ~ shower ~ embalm the body with ELEMIS Frangipani Monoi Body Oil ~ receive a relaxing mini facial whilst wrapped in the fragrant cocoon ~ Balinese Massage.

Harmony 2 hrs Rp. 1.400.000
A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

Ocean Detox Wrap 1 hr 50 mins Rp. 1.200.000 Essentially a seaweed and clay body treatment designed to stimulate the lymphatic system, purge impurities and provide a mineral blast to the skin. Aroma Reflex Foot Ritual ~ Dry Body Brushing ~ Green Clay and Seaweed Wrap ~ Infrared Detox Sauna ~ Express Massage.

Spa Discovery 1 hr 20 mins Rp. 985.000 Age old tradition combines with the finest European skin care for a deliciously relaxing experience. Enjoy a Balinese Massage followed by ELEMIS Taster Facial.

**Spa Sampler** 1 hr 20 mins Rp. 935.000 Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

### **ELEMIS Face**

## **ELEMIS Pro-Collagen Age Defy**

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

## **ELEMIS Sensitive Skin Soother**

1 hr Rp. 1.119.000 Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

## **ELEMIS Anti-Blemish Mattify and Calm**

1 hr Rp. 1.119.000 A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

## **ELEMIS Superfood Pro-Radiance**

1 hr Rp. 1.119.000 A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

\*Independent clinical trials



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## **ELEMIS Body**

## ELEMIS Body Nectar Nourishing Wrap -

Frangipani 45 mins Rp. 850.000 The velvety texture of the Monoi Oil offers superhydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger 45 mins Rp. 850.000 Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### Face of Mandara

Pure Nature Facial 50 mins Rp. 640.000 Using only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

**Preserve** ~ a cleansing and rejuvenating facial for normal skin.

**Renew** ~ a fruit acid facial for treating environmentally damaged skin.

**Enrich** ~ a nourishing facial for dry skin or mature skin.

## Body of Mandara

Mandara Massage 50 mins Rp. 950.000 Our signature massage performed by two therapists working together, is a unique blend of five different massage styles ~ Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this a sublime experience.

Balinese Massage 1 hr 20 mins Rp. 800.000 50 mins Rp. 640.000

Used for centuries to renew, strengthen and heal body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also to improve the circulatory, lymphatic, muscular and nervous systems.



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## Tension Relief Massage

1 hr 20 mins Rp. 800.000 Slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension. It relieves chronic pain by speeding up the blood circulation and thus delivers fresh oxygen and nutrients to the muscles to help them repair and improve their condition.

Warm Stone Massage 50 mins Rp. 735.000 The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Fancy Foot-work 50 mins Rp. 640.000 The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

## More of Mandara

French Pedicure	1 hr 30 mins	Rp. 660.000
Spa Pedicure	1 hr 15 mins	Rp. 580.000
French Manicure	1 hr 15 mins	Rp. 580.000
Spa Manicure	1 hr	Rp. 500.000
Infrared Detox Sauna	20 mins	Rp. 450.000
Infrared Detoy Sauna	Program	

Intrared Detox Sauna Program

5x 20 mins Rp. 1.500.000

### Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

### Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our spa boutique.



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