

WEEKLY RESORT ACTIVITIES – 2019

TIME	MONDAY		TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	SATURDAY		SUNDAY			
8 – 9am	Sekala Yoga Rp 360,000 Nirvana Shanti Bale		Chakradarshan Yoga Rp 360,000 Nirvana Shanti Bale		Sekala Yoga Rp 360,000 Nirvana Shanti Bale	Chakradarshan Yoga Rp 360,000 Nirvana Shanti Bale		Sekala Yoga Rp 360,000 Nirvana Shanti Bale	Chakradarshan Yoga Rp 360,000 Nirvana Shanti Bale		Sekala Yoga Rp 360,000 Nirvana Shanti Bale			
9 – 9.30am	Balinese Cooking Class Rp 1,300,000 9am-1pm	Daily Offering Complimentary Resort Temple 9am-9.30am	Sumatran Cooking Class Rp 1,300,000 9am-1pm	Daily Offering Complimentary Resort Temple 9am-9.30am	Javanese Cooking Class Rp 1,300,000 9am-1pm		Sulawesi Cooking Class Rp 1,300,000 9am-1pm	Daily Offering Complimentary Resort Temple 9am-9.30am	Home-style Balinese Cooking Class Rp 1,300,000 9am-1pm		Nusa Tenggara Cooking Class Rp 1,300,000 9am-1pm	Learn to Surf with TropicSurf Coconut Grove Daily. Advance booking is recommended.		
10 – 11am	Klangsah Weaving Rp 300,000 Temple Courtyard	Canang Making Rp 200,000 Temple Courtyard	Garden Tour Complimentary Lobby		Discover our Art and Cultural Activities. Please speak with the Concierge for details.		Wood Carving Rp 300,000 Temple Courtyard		Garden Tour Complimentary Lobby	Traditional Songket Weaving Rp 300,000 Ganesha Cultural Centre's Bale	Escape for a moment in the quite pool.			
11am – 12pm	AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale		AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale	Painting Class Rp 950,000 Art Gazebo	AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale	Ceramic Painting Class Rp 300,000 Temple Courtyard 11.30-12.30am	AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale	Painting Class Rp 950,000 Art Gazebo	AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale		AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale	Sunday Brunch Sundara 11am-5pm	AntiGravity Yoga® Rp 700,000 Nirvana Shanti Bale	
12 – 1pm	Balinese Massage Class Rp 300,000 Healing Village Spa		Escape for a moment in the quite pool.		Try our ritual-inspired collection at the Spa for outer-nourishing and inner-nurturing treatments.		Enjoy sometime in the waterfall pool and try our light menu at Pool Terrace Cafe		Sokasi Workshop Rp 300,000 Temple Courtyard		Balinese Massage Class Rp 300,000 Healing Village Spa		Live Music at Sundara 12-3pm	
2 – 3pm	Jala Kids Cooking Class Complimentary Monday to Saturday Must Pre-Book		Jala Kids Cooking Class Complimentary Monday to Saturday Must Pre-Book	Live Rindik Complimentary Ganesha Cultural Centre's Bale	Ngulat Tipat Rp 200,000 Temple Courtyard		Jala Kids Cooking Class Complimentary Monday to Saturday Must Pre-Book	Enjoy modern Asian-inspired cuisine at Sundara	Discover innovative Cocktails at Sundara		Jala Kids Cooking Class Complimentary Monday to Saturday Must Pre-Book	Relax by our 57-meter beachfront infinity-pool at Sundara	Go for the spin of your life on an aquatic bicycle when the weather permits	
3 – 3.30pm	Balinese Dance Observation Complimentary Temple Courtyard 3-4 pm		Drop in for Watersports at Coconut Grove		Simply soak up the chilled-chic vibe from a poolside beachfront day bed at Sundara.		Balinese Dance Observation Complimentary Temple Courtyard 3-4 pm				Visit our Watersports at Coconut Grove for new experiences.			
4 – 5pm	Sila Giri Kesarah Temple Experience Complimentary		Art & Culture at Your Doorstep Complimentary Lobby		Resort Shrine Tour Complimentary Lobby		Sila Giri Kesarah Temple Experience Complimentary		Resort Shrine Tour Complimentary Lobby		Try our ritual-inspired collection at the Spa for outer-nourishing and inner-nurturing treatments.		Stroll around and enjoy the Resort	
5 – 6pm	Culminate your day with Sundara Sundowners Daily at 5-7 pm		Tiki Time Happy Hour Taman Wantilan Daily, 5.30-6.30 pm		Hatha Yoga Complimentary Nirvana Shanti Bale		Hatha Yoga Complimentary Nirvana Shanti Bale		Hatha Yoga Complimentary Nirvana Shanti Bale		Hatha Yoga Complimentary Nirvana Shanti Bale		Hatha Yoga Complimentary Nirvana Shanti Bale	
6 – 7pm	Experience interactive theatre-style dining at Taman Wantilan		Live Music at Sundara 6-9pm		Live Music at Sundara 6.00-9pm	Shusumna Meditation Complimentary Nirvana Shanti Bale 6-6.30pm	Dining within the comfort of your very own villa	Live Music at Sundara 6-9pm	Live Music at Sundara 6-9pm	Shusumna Meditation Complimentary Nirvana Shanti Bale 6-6.30pm	Legong Dance Performance Taman Wantilan Courtyard		Let yourself be spoiled by a Romantic Dinner in a Gazebo	Shusumna Meditation Complimentary Nirvana Shanti Bale 6-6.30pm
7 – 8pm	Our Concierge will gladly assist with planning your activities		Night Fire Yoga Rp 650,000 Nirvana Shanti Bale						Experience Balinese Seafood Specialties at Jala		Live Music at Sundara 6-9pm			

Advance reservations are recommended. Above prices are subject to tax and service of 21%. For more information, please see the Concierge or dial 2 from your room.

Activities highlighted in blue are Your Concierge Recommends; Charges may apply.